
Subject: Niagara Prosperity Initiative – 2015 / 2016 Project Evaluations

Report to: Public Health & Social Services Committee

Report date: Tuesday, March 19, 2019

Recommendations

That this report **BE RECEIVED** for information.

Key Facts

- Since 2008 Regional Council authorized staff to invest \$1.5 million annually towards Niagara Prosperity Initiatives (NPI).
- Projects funded through NPI can be for one or two years. All 2015 projects were completed in December 2017 and all 2016 projects were completed in June 2018.
- This report provides information on 2015 and 2016 NPI funded projects.

Financial Considerations

The investment of \$1.5 million is reviewed annually by Council as part of Community Services' operating budget. Funds invested were approved as part of the 2015 and 2016 operating budgets, respectively.

Analysis

NPI focuses on neighbourhood-based interventions aimed to increase prosperity for Niagara residents living in poverty. Research shows that strong neighbourhoods are ones that engage residents and are essential to healthy, safe and prosperous communities.

Neighbourhoods in need of attention have been identified throughout the region based on key indicators such as the low income measure, unemployment rate, and educational attainment.

In 2015, 40 projects were funded and in 2016, 31 projects were funded. Details of each project are provided in Appendix A.

2015 Projects:

| NPI Contracted Amounts by Project Type (2015) | | | | |
|--|--------------------------------|-------|----------------------|-------|
| Project Type | \$ | | # of Projects | |
| Educational Programs for Children/Youth | \$366,233.16 | 23.0% | 14 | 35.0% |
| Direct Services | \$274,753.46 | 17.2% | 3 | 7.5% |
| Job Specific Skills | \$238,690.53 | 15.0% | 5 | 12.5% |
| Life Skills Programs for Adults | \$228,887.27 | 14.4% | 4 | 10.0% |
| Assistance with Shelter | \$228,162.89 | 14.3% | 3 | 7.5% |
| Community Development | \$72,422.81 | 4.5% | 3 | 7.5% |
| Community Gardens | \$70,024.43 | 4.4% | 4 | 10.0% |
| Transportation Initiatives | \$67,064.89 | 4.2% | 1 | 2.5% |
| Access to Food | \$46,184.32 | 2.9% | 2 | 5.0% |
| Research / Conferences | \$1,834.80 | 0.1% | 1 | 2.5% |
| | \$1,594,259¹ | | 40 | |

2016 Projects:

| NPI Contracted Amounts by Project Type (2016) | | | | |
|--|--------------------------------|-------|----------------------|-------|
| Project Type | \$ | | # of Projects | |
| Educational Programs for Children/Youth | \$469,336.80 | 34.0% | 9 | 29.0% |
| Direct Services | \$151,626.58 | 11.0% | 2 | 6.5% |
| Job Specific Skills | \$82,662.49 | 6.0% | 3 | 9.7% |
| Life Skills Programs for Adults | \$238,956.89 | 17.3% | 7 | 22.6% |
| Assistance with Shelter | \$183,491.07 | 13.3% | 3 | 9.7% |
| Community Development | \$8,737.76 | 0.6% | 1 | 3.2% |
| Community Gardens | \$246,598.40 | 17.9% | 6 | 19.4% |
| | \$1,381,410² | | 31 | |

NPI projects are required to submit quarterly and final reports that include:

- Number of children, youth, adults and/or seniors served;
- Outcomes achieved and measured;
- Lessons learned and recommendations for future initiatives;
- Specific examples of impact to neighbourhood/community; and
- Testimonials from project participants.

¹ Includes returned unspent funding from previous projects and interest held by the Secretariat.

² Ibid

The NPI secretariat and/or convener complete site visits/program reviews throughout the funding period to ensure contractual obligations are being met. All 2015 and 2016 funded projects stayed within their approved budgets, provided reports and passed their site visits/program reviews. Some projects spent less than their allotment. The total number of people served from all projects exceeded target by 22%.

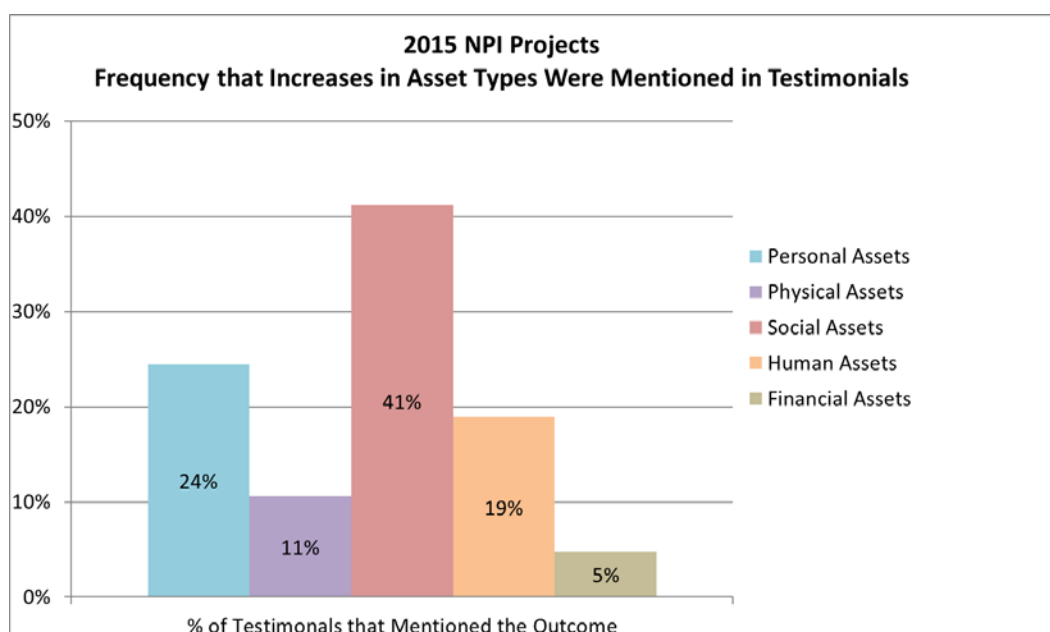
A tally of final reports from these projects provided the following information:

| | Total People Expected | Total People Served | % Increase | Jobs Expected | Jobs Created | % Increase |
|--------------|--------------------------------------|------------------------------------|-------------------|--------------------------|-------------------------|-------------------|
| 2015 | 7,689 | 9,259 | 20% | 111 | 170 | 53% |
| 2016 | 7,796 | 9,665 | 24% | 140 | 184 | 31% |
| Total | 15,485 | 18,924 | 22% | 251 | 354 | 41% |

NPI has adopted the Sustainable Livelihoods measures as a way to track progress and impact. Sustainable Livelihoods measures improvement in terms of individual and household assets in five asset areas: personal, social, human, financial and physical.

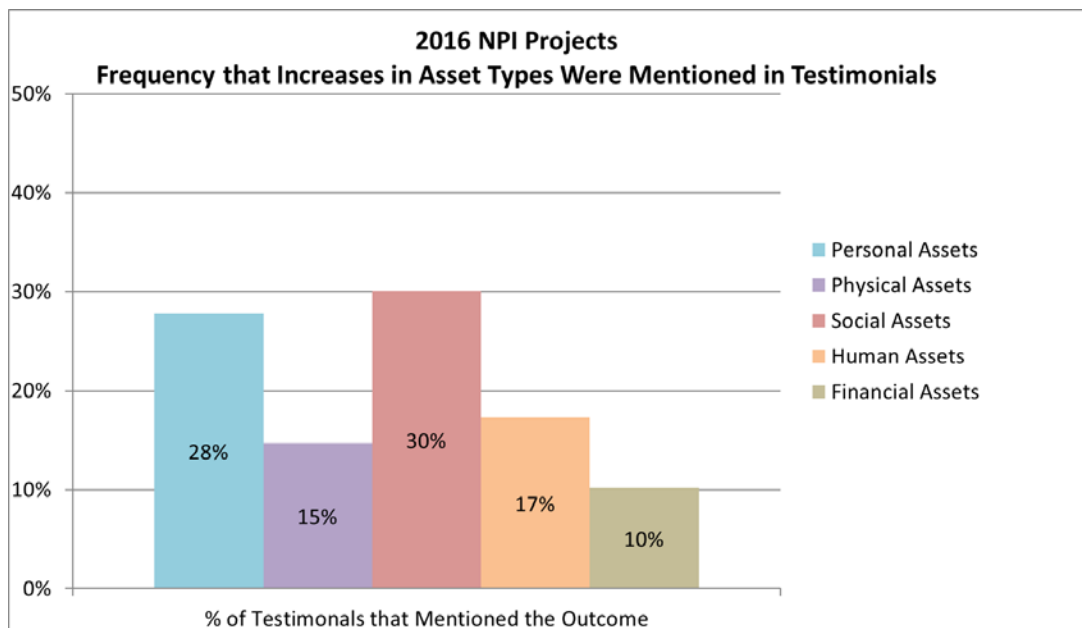
An analysis is conducted to measure project impacts on individuals and communities. Through the collection of testimonials a review is completed to measure how individual and community assets have been affected by the projects.

In 2015, 618 testimonials were received; the chart below details how investments have increased assets. From the testimonials, an improvement in social assets was the highest outcome of NPI funding:



Social Assets include the following: low income residents are engaged in their community through regular participation in community groups and activities; children and youth participate in activities that support their growth and development; seniors participate in services that promote active, independent living; enhanced personal support networks; and enhanced information network.

In 2016, 789 testimonials were received; the chart below details how investments have increased assets. From the testimonials, an improvement in social assets continues to be the highest outcome of NPI funding:



The following are testimonial examples of increased social assets for individuals served through the 2015 and 2016 projects. More examples are available in Appendix A.

- “I was depressed and sad and I have lots of friends now and I am happier...I have a place to go after school and people who I can talk to when I need help.”
- “...helped me get to important medical appointments...feeling connected to another person in the community on a regular basis helped me feel less alone.”
- “My kids have been exposed to different activities that I would have never been able to involve them in... advanced their ability to adapt and to deal with others.”
- “This program helped me with self-confidence knowing I have proper clothes and nice looking clothes for my job interview... Without this Program I would not have any nice clothes.”

Alternatives Reviewed

Not applicable.

Relationship to Council Strategic Priorities

Not applicable (pending the development of Council's new Strategic Priorities).

Other Pertinent Reports

- COM 14-2015 2015 Niagara Prosperity Initiative Update
- COM 21-2016 2016 Niagara Prosperity Initiative Update
- COM 18-2017 NPI Update
- COM C 06-2017 Local Poverty Reduction Fund Application
- COM 13-2018 NPI Update
- COM 04-2019 Niagara Prosperity Initiative Update and Request for Review Committee Members

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This report was prepared in consultation with Marc Todd, Manager Social Assistance & Employment Opportunities.






Appendices






Appendix 1 2015 and 2016 Individual NPI Project Evaluations






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2015 Individual NPI Project Evaluation

| Project | Description | | |
|--|--|------------|--|
| Mental Health Coach | A Full-time Mental Health Coach with expertise in crisis intervention to support the YWCA Niagara Region shelters in working with individuals who are experiencing mental health and addiction issues that interfere with their ability to secure housing. By connecting individuals to mental health and addictions services and increasing the YWCA's staff capacity to support it will further stabilize the clients and therefore improve their ability to connect to community and move out of poverty. | | |
| Agency | | | |
| CMHA Niagara | | | |
| Municipality | | | |
| Niagara Falls; St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$148,758.54 | Expected | Actual | Human Asset: Enhanced Life Skills |
| Within Budget  | Children 0-12 | 0 | Testimonial "I received support, acceptance and felt a level of trust I had not had for a very long time. I feel hopeful about my future." "Currently involved in setting goals, remaining positive, building on my coping skills." |
| Met Targets Established  | Youth 13-18 | 0 | |
| Completed Objectives  | Adult 19-64 | 120 | |
| Reporting Requirements  | Seniors 65 + | 0 | |
| Site/Program Review  | TOTAL | 120 | |
| | | 219 | |
| Result The project has been tremendously successful at connecting individuals to community resources and activities to allow individuals to get the help they need to move forward with their lives. Involving individuals in community activities where they have the opportunity to contribute provides hope and inspires them to move forward on their other goals. | | | |






| Project | Description | | |
|---|--|------------|---|
| Community Gardens – Torosian Park | The aim of the project is to introduce the learning tools necessary for lifelong growing of food and promoting healthy lifestyles. Specifically, it provides gardening space and all necessary items for participants to grow and harvest their own fresh produce. Sharing knowledge and expertise supports the project with the goal of increasing fresh produce for participants. It is intended for residents of Niagara Regional Housing, clients of Community Care and those without gardening space. | | |
| Agency | | | |
| Community Care of St. Catharines and Thorold | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$811.04 | Expected | Actual | Physical Asset: Increased Food Security |
| Within Budget  | Children 0-12 | 52 | Testimonial "I was able to provide my kids with more vegetables throughout the summer. Produce is expensive." "We have a large family so it is nice to not have to spend money at the grocery store for fresh vegetables. We are on a limited budget." |
| Met Targets Established  | Youth 13-18 | 0 | |
| Completed Objectives  | Adult 19-64 | 66 | |
| Reporting Requirements  | Seniors 65 + | 0 | |
| Site/Program Review  | TOTAL | 118 | |
| | | 101 | |
| Result The project showed that we need a strong infrastructure for the community gardens. The garden committee worked hard to make sure that everything was in place so that the gardeners can plant, grow, harvest and connect with people in their community they may otherwise never have met. We learned to stretch our dollar and partner with wholesalers to get the best bang for our buck and to ask for assistance from businesses who were able to offer a discount. The City of St. Catharines, Niagara Regional Housing and Community Care helped expand our gardens by 10 plots in 2016 as a result of having a wait list. | | | |






| Project | Description | | |
|---|---|--------------|---|
| Niagara Region ID Clinic | Housing Help Program will reach the targeted goals by continuing to offer ID clinics throughout the Niagara Region. Staff will facilitate the acquisition of ID and make referrals to shelters, food resources, health care, legal services, case management and crisis support. A Safe/Bank is available for people needing a secure place to store their ID. Without ID, people don't have the ability to access supports and resources in the community. | | |
| Agency | | | |
| Community Care St. Catharines and Thorold | | | |
| Municipality | | | |
| Regional | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$151,063.78 | Expected | | Physical Assets: Increased Food Security |
| Within Budget  | Children 0-12 | 192 | 296 |
| Met Targets Established  | Youth 13-18 | 168 | 107 |
| Completed Objectives  | Adult 19-64 | 1,752 | 1,366 |
| Reporting Requirements  | Seniors 65 + | 72 | 17 |
| Site/Program Review  | TOTAL | 2,184 | 1,786 |
| | | | Testimonial |
| | | | "I was able to apply for my SIN number after my Birth Certificate was replaced and open a bank account...I have been using cash stores to cash my cheque and they keep a part of my cheque every time. Now I can use my bank account and not pay for those extra fees." |
| Result | | | |
| Because of this funding, there are currently fifteen ID Clinics in the region. Examples of impacts include helping a single mother apply for child subsidy and enroll her children in summer camp and childcare programs, which lead to her finding employment. | | | |

| Project | Description | | |
|---|---|-----------|--|
| Hardest to House Case Facilitation | The position is an intensive case facilitator for the Housing First program and hard to house trusteeship participants. Research from federal programs demonstrates that this particular group is most successful in their recovery with intensive supports. They require more physical supports to keep and get to appointments, social and other supports to ensure required follow through is done. Project has to be for 2 years to build a holistic service with demonstrated value to improve their socioeconomic status. | | |
| Agency | | | |
| Community Care St. Catharines and Thorold | | | |
| Municipality | | | |
| St. Catharines; Thorold | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$117,992.40 | Expected | | Social Assets: Support Networks |
| Within Budget  | Children 0-12 | 0 | 0 |
| Met Targets Established  | Youth 13-18 | 0 | 1 |
| Completed Objectives  | Adult 19-64 | 40 | 55 |
| Reporting Requirements  | Seniors 65 + | 10 | 0 |
| Site/Program Review  | TOTAL | 50 | 56 |
| | | | Testimonial |
| | | | "The best change was finding me a clean living accommodations." "...helped me get to important medical appointments...feeling connected to another person in the community on a regular basis helped me feel less alone." |
| Result | | | |
| Individuals who previously shown very little progress are showing signs of incremental and sustained improvement in their social functioning and ability to care for themselves. Long-term impact has been measured by clients' housing stability as well as whether or not they continue to flourish in their personal and social lives. | | | |

| Project | Description | | |
|---|--|---------------|---|
| Cool Kids Club | There will be a variety of sessions offered at the Center for Community Living, which is located in the Three Bridges Neighbourhood. Sessions will include: music, arts and crafts, getting your G1, cooking, piano, cosmetology, ball hockey etc. Children and youth from the Three Bridge Neighbourhood, as well as other neighbourhoods, will be able to access the after school sessions at no cost. Sessions will run every Mon and Wed from 6-9pm at one hour intervals. | | |
| Agency | | | |
| Community Living Port Colborne Wainfleet | | | |
| Municipality | | | |
| Port Colborne | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$22,716.60 | Expected | | Human Assets: Enhanced Life Skills Social Assets: Low Income People are Engaged in their Community |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 25 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 20 | Testimonial "...BEST change is that my autistic 12 year old son (with significant social anxiety) is playing and interacting with absolutely no issue... he is normally terrified in all new social situations." "I am so happy that (the activities) are free as funds are limited...I have limited income and could never afford these activities if I had to pay for them elsewhere." |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 5 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 0 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 50 | |
| | | Actual | |
| | | 46 | |
| | | 24 | |
| | | 0 | |
| | | 0 | |
| | | 70 | |
| Result The children were excited to attend and we saw increases in their self-esteem. In the future, some adults wanted to have classes made available to them, such cooking and other life skills. | | | |






| Project | Description | | |
|--|---|---------------|--|
| Faith Welland Outreach - McLaughlin Community House Programming | Programming included music, cooking, sewing, arts, crafts, woodworking, girl talk, afterschool homework help, summer program, reading, and community gardens. A new funding source, Ontario Trillium Foundation, has allowed staff to develop and implement programming for teens. Developing the teen programming is expected to have substantial positive social impacts with mentorship and leadership training. | | |
| Agency | | | |
| Faith Welland Outreach | | | |
| Municipality | | | |
| Welland | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$17,662.47 | Expected | | Social Assets: Low Income People are Engaged in their Community |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 100 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 20 | Testimonial "It gives my child something to look forward to every week. It involves her in the community and gives her the ability to meet other children her age to build friendships." "Helps her to feel involved and again opens up more opportunity for her to meet others and develop and maintain relationships outside the home." |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 40 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 5 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 165 | |
| | | Actual | |
| | | 236 | |
| | | 67 | |
| | | 65 | |
| | | 30 | |
| | | 398 | |
| Result Parents were able to bring their children to a free place where they learned a variety of skills and helped build their confidence. Families were able to meet new people and learn about new things. Many connections were made, not only between the people attending but also with the volunteers. | | | |

| Project | | Description | | |
|---|--|--|------------|---|
| Kinsmen Pool Together | | The Kinsmen Pool is the only public pool in Fort Erie and was closed as a budget saving measure by the town in 2011 in favour of a splash pad. A group of individuals have formed the 'Pool Together Campaign' to reopen the facility to provide vital lifesaving instructional and swimming lesson opportunities to the neighbourhood once again. | | |
| Agency | | | | |
| Fort Erie Underwater Recovery Unit | | | | |
| Municipality | | | | |
| Fort Erie | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact |
| Contract Amount - \$38,165.96 | | Expected | | Social Assets: Low Income People are Engaged in their Community |
| Within Budget  | | Children 0-12 | 350 | |
| Met Targets Established  | | Youth 13-18 | 150 | 164 |
| Completed Objectives  | | Adult 19-64 | 75 | 99 |
| Reporting Requirements  | | Seniors 65 + | 50 | 19 |
| Site/Program Review  | | TOTAL | 625 | 452 |
| | | | | Testimonial |
| | | | | “When the Kinsmen pool opened its doors in August of 2015, it gave my daughters an activity to look forward to... they also helped do some painting to open the pool. They got a sense of what it means to help a community and take pride in the work they have done. To this day, when we drive by the pool they say ‘look Dad, that's what we did.’” |
| Result | | | | |
| Children across all economic and cultural backgrounds learned water safety and lifesaving skills in an aquatic environment. Lower number of people served was due to record amounts of rainfall in Spring and early Summer delaying our plans to open in July, pushing opening day to the beginning of August. People coming together, strangers volunteering side by side, an entire neighbourhood has been lifted up. | | | | |

| Project | | Description | | |
|--|--|---|------------|---|
| I'm Worth It! | | The basis of this program focuses on preventative measures of poverty reduction by providing key life skills workshops such as money management, job search assistance, resume building, volunteer opportunities, healthy eating and food preparation, homework help, and tutoring. This program was created as a proactive measure to address local poverty rates among youth. | | |
| Agency | | | | |
| Foundation of Resources for Teen | | | | |
| Municipality | | | | |
| Grimsby | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact |
| Contract Amount - \$46,771.21 | | Expected | | Social Assets: Low Income People are Engaged in their Community Social Assets: Children and Youth Participate in Activities |
| Children 0-12 | | 35 | 103 | |
| Youth 13-18 | | 150 | 264 | Testimonial “I was depressed and sad and I have lots of friends now and I am happier, the Fort is a family to me and I love the Fort... I have a place to go after school and people who I can talk to when I need help ... it’s a fun place to meet new and amazing people.” |
| Adult 19-64 | | 0 | 0 | |
| Seniors 65 + | | 0 | 0 | |
| TOTAL | | 185 | 367 | |
| Within Budget  | | | | |
| Met Targets Established  | | | | |
| Completed Objectives  | | | | |
| Reporting Requirements  | | | | |
| Site/Program Review  | | | | |
| Result | | | | |
| Statistics show a 30% increase in attendance over the previous year. Our youth benefited by learning about healthy eating, cooking skills, and the importance of giving back to their community. Programs were expanded to include professional counselling, Grade 9 integration, and an increased focus on mental health and self-esteem. | | | | |






| Project | Description | | |
|---|--|--|--|
| Agro-Biodiversity Gardens | Our project will raise awareness amongst newcomers to Canada and to the Niagara Region about growing their own food, introducing them to local community gardens and sustainability. We will educate and provide them with an opportunity to grow their own organic food (local and cultural) and encourage them to share their traditional recipes with long time Canadians and other newcomers and volunteers. | | |
| Agency | | | |
| Links for Greener Learning Inc. | | | |
| Municipality | | | |
| St. Catharines; Welland | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$17,273.94 | Expected | | Social Assets: Low Income People are Engaged in their Community Testimonial "We have been able to donate to so many people in our community... we have been able to increase our youth involvement so much by caring for the garden together." |
| Within Budget <input checked="" type="checkbox"/> Met Targets Established <input checked="" type="checkbox"/> Completed Objectives <input checked="" type="checkbox"/> Reporting Requirements <input checked="" type="checkbox"/> Site/Program Review <input checked="" type="checkbox"/> | Children 0-12 Youth 13-18 Adult 19-64 Seniors 65 + TOTAL | Actual 40 16 60 30 190 | |
| | | 49 16 118 47 230 | |
| Result There have been over 50 families involved in the Agro-Biodiversity garden project and the number of gardeners have grown by 30%. Two new gardens were built in St. Catharines and in Niagara Falls serving 40 new families. This project has brought community together by providing food, providing meaningful, productive recreational activities for children and adults and educating the community about their natural environment. | | | |

| Project | Description | | |
|---|--|---|---|
| Links for Greener Kids | Students and families learn nutrition, growing and environmental education while supplementing their diet with healthy, organic vegetables. Seasonal fun, hands-on growing, cooking/tasting activities implemented at three schools and three Band G clubs in 2015 for children/families. In 2016, second program year, garden/food education will be offered to any Niagara schools for donations. Families/volunteers will care for/harvest gardens over summers and enjoy a Harvest Celebration party in their neighbourhood. | | |
| Agency | | | |
| Links for Greener Learning Inc. | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$8,525.21 | Expected | | Social Assets: Children and Youth Participate in Activities Physical Assets: Increased food security Testimonial "I planted vegetables and learned more about plants. I tried new things and I also helped build the garden. I learned how to plant plants... I learned how to take care of a garden... the people who help with breakfast club don't have to purchase vegetables and fruit." |
| Within Budget <input checked="" type="checkbox"/> Met Targets Established <input checked="" type="checkbox"/> Completed Objectives <input checked="" type="checkbox"/> Reporting Requirements <input checked="" type="checkbox"/> Site/Program Review <input checked="" type="checkbox"/> | Children 0-12 Youth 13-18 Adult 19-64 Seniors 65 + TOTAL | Actual 67 10 25 6 108 | |
| | | 166 10 18 1 195 | |
| Result Entire schools embraced the program and kids reported asking parents to buy healthier foods and plant gardens at home. Collaborative teaching and teacher training was provided so that the project can be run more independently in the future. In-class lessons were incorporated into curriculum so that the gardens are not an "extra" but are included in the regular school day. | | | |

| Project | Description | | |
|---|---|------------|--|
| Ramp it Up | Ramp it Up empowers persons with disabilities living in poverty to advocate for themselves, their families and peers and to increase access to safe/affordable housing and income supports. | | |
| Agency | | | |
| Niagara Centre for Independent Living | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$44,853.60 | Expected | | Human Assets: Enhanced Life Skills |
| Within Budget  | Children 0-12 | 0 | Testimonial "During tax season, the Ramp it Up Volunteer explained step by step how to do them. Was able to do my 2015 taxes... showed me how easy it is to do by myself. Now I am able to do my own taxes without having to pay someone." |
| Met Targets Established  | Youth 13-18 | 0 | |
| Completed Objectives  | Adult 19-64 | 100 | |
| Reporting Requirements  | Seniors 65 + | 10 | |
| Site/Program Review  | TOTAL | 110 | |
| | | Actual | |
| | | 0 | |
| | | 0 | |
| | | 80 | |
| | | 8 | |

Result

At the outset we were hoping success would be an increase in the capacity of NCIL's Advocacy program to keep up with the increasing demand for assistance with access to needed goods and services, benefits, housing etc. We found, however, that despite providing participants with the knowledge base and skills to assist consumers, they were not prepared to deal with our consumers who usually come to us "in crisis." The success of the project was that participants took their knowledge back to their family, friends, neighbours, and "natural" communities. The knowledge gained and shared, expanded the impact of the project to persons living in poverty who would be unlikely to come to an agency for assistance.






| Project | Description | | |
|---|--|-----------|--|
| Summer Family Literacy Program for Kindergarten Children at Risk for Literacy Difficulties | This program is for children identified as at risk in key foundational skills in emergent literacy. These risks may affect their success moving forward into their second year of full day kindergarten. This proven, researched program adapted with permission from the original authors is offered by professionals trained in literacy. It focuses on educating the parent, instruction for the child and then bringing the two together for practice. | | |
| Agency | | | |
| Niagara Children's Centre | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$12,652.82 | Expected | | Social Assets: Low Income People are Engaged in their Community |
| Within Budget  | Children 0-12 | 18 | Social Assets: Children and Youth Participate in Activities Testimonial "We have seen a great improvement with [our child's] speech and vocabulary. She is more excited about reading books and often points out new words, signs and rhyming words as we do our daily routine...the classes were a great opportunity to learn these things with her." |
| Met Targets Established  | Youth 13-18 | 0 | |
| Completed Objectives  | Adult 19-64 | 20 | |
| Reporting Requirements  | Seniors 65 + | 0 | |
| Site/Program Review  | TOTAL | 38 | |
| | | Actual | |
| | | 23 | |
| | | 0 | |
| | | 21 | |
| | | 0 | |






Result

Children's participation and success was monitored on an individual and a session-by-session basis. Results of final testing demonstrated gains made in the children's abilities. Parents indicated that their knowledge base was broadened and they had the confidence to continue to foster emergent literacy development in their children.

| Project | Description | | |
|--|---|------------|--|
| Eating Healthy in Canada | Newcomers are asking for help to navigate the confusing and media driven Canadian food system- where to find the healthiest foods in grocery stores; shopping at farmers markets and local farms; learning about grocery store sale flyers; dangers of processed and fast foods; introducing local vegetables/fruits and planning menus with them; cooking together and sharing recipes with unfamiliar foods; introducing community gardening. All of this increases food security and health and lowers food costs. | | |
| Agency | | | |
| Niagara Folk Arts Multicultural Centre | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$27,213.44 | Expected | Actual | Life Skills: Enhanced Life Skills Social Assets: Information Networks Social Assets: Low Income People are Engaged in their Community |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 0 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 15 | Testimonial "Because I'm new to Canada... for me it is important to feed me and my family with good food. Also helps me learn more English." |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 60 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 20 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 95 | |
| | | 313 | |
| Results Participants asking increasingly complex food questions demonstrated ongoing interest and learning. Co-teaching with ESL teachers in their classrooms provided an effective learning environment for students and provided teachers with materials for ongoing teaching in the future. This project has led to better health and lower food costs in participants' households. | | | |

| Project | Description | | |
|--|--|------------|--|
| MCAP+: Merritton Children's Afterschool Program Plus | After-school programming 2 days/week, Professional Development day programming four times a year and two times a week of summer programming in July and August. Activities include homework help, arts and crafts, sports, life skills etc. for children aged 6-12 located in Merritton. Supported by program staff and community volunteers as well as the establishment of a youth council in the second year. | | |
| Agency | | | |
| Niagara Folk Arts Multicultural Centre | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$22,688.59 | Expected | Actual | Social Assets: Low Income People are Engaged in their Community Social Assets: Children and Youth Participate in Activities |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 35 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 8 | Testimonial "My kids have been exposed to different activities that I would have never been able to involve them in... advanced their ability to adapt and to deal with others." |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 20 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 0 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 63 | |
| | | 120 | |
| Results Participants asking increasingly complex food questions demonstrated ongoing interest and learning. Co-teaching with ESL teachers in their classrooms provided an effective learning environment for students and provided teachers with materials for ongoing teaching in the future. This project has led to better health and lower food costs in participants' households. | | | |

| Project | Description | | |
|---|--|------------|---|
| Youth "Bed and Dresser" program | Youth transition from Resource Association for Teens (RAFT) to bed/sit rentals as our full apartment service is not economical due to a flat rate for delivery. Youth need either bed and dresser or bed and chair or bed and desk. Single bed and dressers are scarce so we would need to purchase new stock to subsidize donated goods. Niagara Region has agreed to a new service for youth: "Bed and Dresser" at a new low rate; Canadian Tire will provide a sturdy small dresser at 50% off retail and RAFT will be our initial referring agent. | | |
| Agency | | | |
| Niagara Furniture Bank | | | |
| Municipality | | | |
| Regional | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$10,963.26 | Expected | Actual | Personal Assets: Enhanced Self-esteem and Self-confidence |
| Within Budget  | Children 0-12 | 0 | Testimonial "My Ontario Works case worker referred my family to your organization. We have furniture in our home now and beds to sleep on every night. No more sleeping on comforters or sofas. We needed these items to have a better night's sleep. Dressers to put clothes away to things organized and not clothes all over the floor." |
| Met Targets Established  | Youth 13-18 | 200 | |
| Completed Objectives  | Adult 19-64 | 0 | |
| Reporting Requirements  | Seniors 65 + | 0 | |
| Site/Program Review  | TOTAL | 200 | |
| | | 145 | |
| Result One example is a single-mother with four boys who needed new furniture. The stock of dressers was low and without youth dressers, we would likely have only been able to provide one dresser to the family. The boys have the pride of having each their own brand new dresser so they have somewhere other than the floor or a basket to put their clothes. Poverty is tough on dignity and the youth dressers made a difference for this family. | | | |

| Project | Description | | |
|---|---|-----------|--|
| Injured Worker Support Centre | The Centre is a place for injured workers to find support, information and to come together for common action to change the workers compensation system. The Centre offers capacity building workshops in employment and mental health issues. There are also speakers and trainings on issues concerning WSIB. Participation in Centre will help injured workers break out of their isolation and get involved in their community. A fundraising strategy will help to provide an office and sustain the Centre. | | |
| Agency | | | |
| Niagara North Community Legal Assistance | | | |
| Municipality | | | |
| Regional | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$19,447.09 | Expected | Actual | Personal Assets: Enhanced Self-esteem and Self confidence, Improved Hope and Motivation |
| Within Budget  | Children 0-12 | 0 | Social Assets: Low Income People are Engaged in their Community, Support Networks, Information Networks. |
| Met Targets Established  | Youth 13-18 | 0 | |
| Completed Objectives  | Adult 19-64 | 75 | |
| Reporting Requirements  | Seniors 65 + | 5 | |
| Site/Program Review  | TOTAL | 80 | |
| | | 31 | Testimonial "The best thing that happened was being part of a supportive group of people who understand what you are going through... My biggest challenge as an injured worker was dealing with the employer/insurance company and health care system. I found unconditional support through the NIWC." |
| Result Due to changes in staffing at the Injured Worker Centre, the project is no longer needed. It was felt that the project no longer required funding since the members were meeting on their own. Because of this, the project did not officially met expected targets, however meetings and collaborations are still being made. | | | |

| Project | Description | | |
|---|---|-----------|--|
| New Pathways for Adult Learners in Welland | The project offers training, alternative learning and personal supports to adult learners who have "fallen through the cracks" of traditional educational institutions. This project will assist unemployed individuals interested in achieving their high school diplomas with individualized workshops, one-on-one coaching, valuable certificates and work placements to support them both achieving their Ontario Secondary School Diploma and gaining valuable skills and experience to assist them in finding sustainable employment. | | |
| Agency | | | |
| Niagara Peninsula Homes | | | |
| Municipality | | | |
| Welland | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$61,050.00 | Expected | | Personal Assets: Enhanced Self-esteem and Self-confidence, Improved Hope and Motivation. Social Assets: Low Income People are Engaged in their Community. Human Assets: Enhanced Life Skills, Obtained Employment Skills. |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | Actual | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 0 | |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 0 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 50 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 68 | |
| | | | Testimonial |
| | | | "I gained a lot of hands-on experience and working in the pop-up store gave me so much confidence. Having the confidence I never had before I found a job where I love to be... having the certificates helped me to get this job. I haven't had a job in 15 years... I'm also in school to get my grade 12. When I started this program, I didn't have any high school credits. I now have 21 credits." |
| Result | | | |
| Employment Ontario agencies were crucial to our success by offering employment supports, wage subsidies (where eligible) to enhance the chances for graduate success. Because of this funding and the success of this project, we will be replicating this model and expanding it beyond Welland. | | | |

| Project | Description | | | |
|---|--|----|---|--|
| Niagara West Community Garden Collective | Currently in Niagara West there are two Community Gardens in operation and one slated to open this year, each in a separate community. The Niagara West Community Garden Collective (NWC GC) will bring together all of the gardens to form a collective gardening group working with combined resources and knowledge to benefit all of the gardeners and the Niagara West communities. This Collective will also incorporate learning activities such as healthy diet, exercise and food preservation. | | | |
| Agency | | | | |
| Niagara West Adult Learning Centre | | | | |
| Municipality | | | | |
| West Lincoln - Lincoln | | | | |
| Contract Requirements | Number Served | | Highest Assets Impact | |
| Contract Amount - \$32,399.77 | Expected | | Actual | |
| Within Budget | Children 0-12 | 5 | 0 | |
| Met Targets Established | Youth 13-18 | 5 | 9 | |
| Completed Objectives | Adult 19-64 | 10 | 58 | |
| Reporting Requirements | Seniors 65 + | 8 | 17 | |
| Site/Program Review | TOTAL | 28 | 84 | |
| | | | Physical Assets: Increased Food Security | |
| | | | Testimonial | |
| | | | “...growing vegetables is a big thing for me. I need my vegetables and they are so expensive in stores ... Learning how to do canning is even a bonus because now I can extend my food for the winter.” | |
| Result | | | | |
| The support of two partner agencies provided extra people, guidance, and consistency for all three gardens. The establishment of the community garden at the Beamsville office was the start of making a difference in that neighbourhood. It has provided seniors with the opportunity to grow their own food, to engage with other community members and to have a green space that is theirs to use. | | | | |

| Project | Description | | |
|--|--|-----------|--|
| Read Learn Grow | Recognizing that a parent is a child's first teacher, Read Learn Grow will assist parents in rural communities to gain the literacy skills needed to help their child succeed in school. The sessions will be an increased focus on working with the parents to build a strong community-based network of support. | | |
| Agency | | | |
| Niagara West Adult Learning Centre | | | |
| Municipality | | | |
| West Lincoln - Lincoln | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$28,618.87 | Expected | | Social Assets: Low Income People are Engaged in their Community, Children and Youth Participate in Activities |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 20 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 0 | Testimonial "My son is more willing to be social and participative in activities. I feel more a part of our community. He is not as hesitant to become engaged in larger group activities. I have more hope for my child's development especially speech development..." |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 20 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 0 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 40 | |
| | | Actual | |
| | | 30 | |
| | | 0 | |
| | | 18 | |
| | | 0 | |
| | | 48 | |
| Result Each adult and child that participated left with new tools and strategies for learning. The adults were able to learn new literacy skills, learn to play using literacy, taking advantage of teachable moments, build a new community based network and have social time in their community. The children learned how to socialize with others, how to follow structure and teaching time and to develop their early literacy skills. | | | |






| Project | Description | | |
|---|---|------------|---|
| Empowering Partnerships Program | This program is a series of 10 workshops conducted by industry experts to empower and educate people living in poverty by improving health, food security and increasing personal, social, human, financial & physical assets. Some of the topics we plan to offer are baby food making, dental hygiene, landlord & tenant rights, financial literacy & navigating public transportation. | | |
| Agency | | | |
| Project SHARE of Niagara Falls Inc. | | | |
| Municipality | | | |
| Niagara Falls | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$13,140.67 | Expected | | Social Assets: Information Network |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 15 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 50 | Testimonial "As a senior I now know My Care Dental will cover the 20% that my benefits do not. I have no transportation and I know they will pick me up and drop me off." |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 100 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 50 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 215 | |
| | | Actual | |
| | | 16 | |
| | | 50 | |
| | | 108 | |
| | | 47 | |
| | | 221 | |
| Result We made new community partners, and have received great feedback. Examples include St. Ann Adult Learning Centre who have asked us to come back and run additional workshops; My Care Dental has offered transportation assistance and reduced rates for our clients to access their dental cleaning services; and Niagara North Legal Clinic has asked to run the Landlord and Tenant Rights workshop on a monthly basis. | | | |

| Project | Description | | |
|---|--|-----------|--|
| Expressions | Finding voice using a variety of art forms including video, drawing, poetry, music. Using the creations to tell stories about the lived reality, hopes and dreams of people who face social exclusion as their voices having little space in community dialogue. | | |
| Agency | | | |
| Start Me Up Niagara | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$14,809.76 | Expected | | Social Assets: Low Income People are Engaged in their Community Testimonial "... artwork is opening a whole new way of life for me. I was also pleased to add my poems to a recent event at the NAC centre. I feel that we as a group are helping to show the general public that the community itself is improving all the time." |
| Within Budget <input checked="" type="checkbox"/> Met Targets Established <input checked="" type="checkbox"/> Completed Objectives <input checked="" type="checkbox"/> Reporting Requirements <input checked="" type="checkbox"/> Site/Program Review <input checked="" type="checkbox"/> | Children 0-12 | 10 | |
| | Youth 13-18 | 0 | 0 |
| | Adult 19-64 | 20 | 101 |
| | Seniors 65 + | 10 | 16 |
| | TOTAL | 40 | 117 |
| Result Having an arts' facilitator was critical to reaching out to artists/participants and making connections in community. An art exhibit was held from February 8 th to the 12 th . This provided the opportunity for artists/participants to show their work and feel like part of community. Some were even able to connect with estranged family members. | | | |

| Project | Description | | |
|--|--|-----------|--|
| Home at Last. Home to Stay | Stabilize housing placement for individuals with histories of homelessness by providing a range of needed services not available at this time. Services will assist them to retain housing and work on issues that have negatively affected them, causing repeated bouts of homelessness. Included are in-home supports, basic necessities, coaching, individual counseling and life skills courses that assist them through the period of transition to staying housed and ending homeless recycling. | | |
| Agency | | | |
| Start Me Up Niagara | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$99,207.23 | Expected | | Social Assets: Low Income People are Engaged in their Community Testimonial "It has helped me to understand how my brain works and why I keep going around the same mental reaction track. Now I stop and realize what's going on and it helps. I am presently in an emotionally traumatic period in my life and the skills I've learned/am learning have helped me to level out when I get out of control." |
| Within Budget <input checked="" type="checkbox"/> Met Targets Established <input checked="" type="checkbox"/> Completed Objectives <input checked="" type="checkbox"/> Reporting Requirements <input checked="" type="checkbox"/> Site/Program Review <input checked="" type="checkbox"/> | Children 0-12 | 0 | |
| | Youth 13-18 | 0 | 0 |
| | Adult 19-64 | 35 | 53 |
| | Seniors 65 + | 10 | 6 |
| | TOTAL | 45 | 59 |
| Result Individualized supports were provided, that engaged individuals in solutions based coaching. People remained housed-independently. Participants in the life skills program "Think Well" gained confidence to interact with their peers in a better, calmer manner. Increased understanding of emotions make for less conflict in the community and in their personal lives. | | | |






| Project | Description | | |
|--|--|------------|---|
| Social Enterprise Catering Pilot Project | We would like to hire two of the graduates from the Food Service Training Program part time to pilot the next phase of the training program: a social enterprise catering business. One of the grads has previous experience in marketing and event planning and would be responsible for securing contracts for catering. The other graduate has previous experience in food services and would be responsible for overseeing the food prep/catering portion. | | |
| Agency | | | |
| The Hope Centre | | | |
| Municipality | | | |
| Welland | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$61,936.89 | Expected | | Social Assets: Low Income People are Engaged in their Community Testimonial "...More positive about self. Like helping people, gained knowledge on cooking and food prep. I like learning, they are life skills. Giving back to the community and The Hope Centre when I was down." |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 50 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 150 | 0 |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 540 | 0 |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 60 | 748 |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 800 | 68 |
| Result We were able to secure the talents of a world-renowned chef who was able to assist us in creating a menu and helped to train the participants. Within six months, we managed to generate \$6,519 in revenue. We provided hands-on training for individuals and provided them with an honorarium for their time through the money that was generated. This program also provided our client-volunteers a free gourmet meal for our volunteer appreciation night. | | | |

| Project | Description | | |
|--|--|------------|--|
| Strengthening Families for the Future | Strengthening Families for the Future (SFF) is a 14 week, 3 hrs. /wk. family-focused skills training program for the prevention of multiple developmental problems including school failure, violence, mental health issues and early age substance misuse among high-risk children of all ages. Family factors such as bonding, supervision, and communication are addressed as protective factors which help children to achieve family stability and education that build skills to overcome poverty in the future. | | |
| Agency | | | |
| The John Howard Society of Niagara | | | |
| Municipality | | | |
| Fort Erie; Niagara Falls; Welland | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$75,079.62 | Expected | | Social Assets: Low Income People are Engaged in their Community Testimonial "...Has helped me communicate with my kids in a more positive way. I noticed my kids applying some of the things that we learned here. Has helped reduce some of the negative energy in my home and has definitely opened up communication in our family." |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 140 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 15 | 171 |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 80 | 28 |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 10 | 137 |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 245 | 10 |
| Result Because of the funding, we were able to have key partnerships with various community agencies to help facilitate the program. The program has helped create better/stronger relationships between parents and their children, provided strategies in dealing with difficult behaviours, and improved family communications. | | | |

| Project | Description | | |
|---|---|------------|---|
| Brushed Aside: Dental Care Access Program Expansion | This project will allow the Brushed Aside program to expand to partner with agencies in Fort Erie, Port Colborne, Welland and Niagara Falls. In 2014, the Brushed Aside program began as a pilot project to provide access to dental care for 120 adults in need of treatment through a partnership with five agencies in St. Catharines. The project has been very successful in St. Catharines and there has been a great demand to expand the project to partner with other agencies across Niagara. | | |
| Agency | | | |
| United Way of St. Catharines & District | | | |
| Municipality | | | |
| Fort Erie; Niagara Falls; Port Colborne; Welland | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$98,546.00 | Expected | | Financial Assets: Reduced Cost Human Assets: Obtained Needed Health Services |
| Within Budget  | Children 0-12 | 0 | Testimonial "I was in extreme pain ...I'm getting my rotten teeth out of my mouth and getting new dentures put in. That is the BEST thing. No more tooth pain. After 30 years, finally no more pain. Extreme pain gone!! Will be able to chew for a change... Hopefully be able to smile and show teeth for first time in many many years." |
| Met Targets Established  | Youth 13-18 | 0 | |
| Completed Objectives  | Adult 19-64 | 170 | |
| Reporting Requirements  | Seniors 65 + | 30 | |
| Site/Program Review  | TOTAL | 200 | |
| | | Actual | |
| | | 0 | |
| | | 0 | |
| | | 107 | |
| | | 29 | |






Result






136 adults accessed dental care through our six agency partners. Agency partners completed follow-up surveys with participants to evaluate the impact of this program on confidence, self-esteem, sociability, and employment readiness. Many participants have not had access to a dentist for much of their lives. We did not meet our target of 200 people served, as the cost per client cost was higher than anticipated. Originally, we anticipated treatments to cost an average of \$500 per person, but the average cost per treatment at the end of this project was \$762.






| Project | Description | | |
|---|--|------------|-------------------------------------|
| Breaking Barriers Initiative | Due to the cyclical relationship between poverty, mental health and addictions (concurrent disorders), access to addiction treatment is both an intervention and prevention resource against poverty. In an initiative to address the unique barriers that prevent women from accessing addiction services, WARM Niagara is launching the 'Breaking Barriers Initiative' to promote accessible service by breaking the barriers of child care and transportation leading to healthy communities. | | |
| Agency | | | |
| WARM Niagara | | | |
| Municipality | | | |
| Fort Erie; Niagara Falls; St. Catharines; Welland | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$18,811.82 | Expected | | N/A |
| Within Budget  | Children 0-12 | 100 | Testimonial None provided |
| Met Targets Established  | Youth 13-18 | 10 | |
| Completed Objectives  | Adult 19-64 | 120 | |
| Reporting Requirements  | Seniors 65 + | 0 | |
| Site/Program Review  | TOTAL | 230 | |
| | | Actual | |
| | | 0 | |
| | | 0 | |
| | | 6 | |
| | | 0 | |
| | | 6 | |






Result

Within a few months of receiving funding, WARM lost their primary source of funding and was no longer able to sustain itself, and had to close its doors. The project was terminated early with only \$330 spent. This funding was provided for transportation costs for women to attend initial group programming at WARM.






| Project | Description | | |
|--|---|------------|---|
| Making Healthy Choices | Our project will stimulate the awareness of participants' physical, mental, social, and emotional well-being and build positive community connections and long term friendships, with a strong focus on the senior citizens and those with mental health problems in the designated neighbourhoods by providing yoga/fitness/nutritional sessions as well as workshops to educate the community about mental health awareness and coping strategies for mental health problems. | | |
| Agency | | | |
| Welland Heritage Council and Multicultural Centre | | | |
| Municipality | | | |
| Welland | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$48,176.24 | Expected | | Human Assets: Obtained Needed Health Services |
| Within Budget  | Children 0-12 | 0 | Testimonial "These programs have invigorated my life by making me want to get out of the house and exercise... these classes are benefiting me spiritually, physically, medically, mentally and socially. They have also inspired me to get my bike out on nice days and cycle to the classes ... I love these classes- they are changing my life..." |
| Met Targets Established  | Youth 13-18 | 3 | |
| Completed Objectives  | Adult 19-64 | 30 | |
| Reporting Requirements  | Seniors 65 + | 40 | |
| Site/Program Review  | TOTAL | 73 | |
| | | Actual | |
| | | 0 | |
| | | 6 | |
| | | 292 | |
| | | 65 | |
| | | 363 | |
| Result | | | |
| Collaborating with the Metis Nation of Ontario during our year brought hope to the participants to continue at a minimal level of fitness for their future with funding through their organization. For all the participants who attended they gained trust with the professional instructors and workshop leaders, providing encouragement, hope and positive feedback about the project. | | | |






| Project | Description | | |
|--|---|-----------|--|
| Westview Centre4Women | Westview Centre 4Women (WC4W) is responding to the expressed needs by the Queenston area women combating the effects of poverty. While providing this growing community experience we have acquired many more school aged children over the summer months than anticipated. Our intention is to provide summer child care for children 7 through 12 years of age, for the months of July and August 2015 off site while mom attends WC4W. | | |
| Agency | | | |
| Westview Christian Fellowship | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$15,341.54 | Expected | | Personal Assets: Improved Hope and Motivation |
| Within Budget  | Children 0-12 | 15 | Social Assets: Low Income People are Engaged in their Community, Children and Youth Participate in Activities Testimonial "... This has been a huge help. I was able to go to counselling, talk to people who can help me move etc. to get my children and myself out of a bad situation." |
| Met Targets Established  | Youth 13-18 | 0 | |
| Completed Objectives  | Adult 19-64 | 0 | |
| Reporting Requirements  | Seniors 65 + | 0 | |
| Site/Program Review  | TOTAL | 15 | |
| | | Actual | |
| | | 14 | |
| | | 0 | |
| | | 0 | |
| | | 0 | |
| | | 14 | |
| Result | | | |
| The women were very involved and for three days weekly worked diligently on themselves and the improvement of their family situations. There was a real need for this program and we have decided to make sure it will be available moving forward. Many of the moms worked on completing their grade 12 or college courses. One mom started self-employment. All the moms were pushed to have their children properly immunized due to a policy of the summer day care. | | | |

| Project | | Description | | |
|---|--|--|-----------|---|
| YMCA Youth Club | | YMCA Youth Club is an innovative program offered free of charge to kids in grades 3-6 at St. Mary's School in Welland. This program runs 2½ hours a day, five days a week. The program focuses on health, wellness, nutrition, academic support, physical activity and developmental asset building. This program includes a foundation of quantitative research to determine the impact on the physical and emotional health of the children it serves. | | |
| Agency | | | | |
| YMCA of Niagara | | | | |
| Municipality | | | | |
| Welland | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact |
| Contract Amount - \$28,320.87 | | | | Social Assets: Children and Youth Participate in Activities |
| Within Budget  | | Expected | | |
| Met Targets Established  | | Children 0-12 | 50 | Actual |
| Completed Objectives  | | Youth 13-18 | 0 | 36 |
| Reporting Requirements  | | Adult 19-64 | 0 | 0 |
| Site/Program Review  | | Seniors 65 + | 0 | 0 |
| | | TOTAL | 50 | 36 |
| | | | | Testimonial |
| | | | | "I like the organized activities the best because they keep me active. I have made new friends and learned new things about making healthy foods and stuff... I get to hang out with my friends and I have a safe place to play." |
| Result | | | | |
| We found that while there was initial interest from both the principal of the school and parents whose children were part of the program in previous years, we had difficulty attracting as many new participants as we thought. The changes to our program plan allowed us to deliver an expanded educational curriculum targeted specifically on literacy and numeracy. | | | | |

| Project | Description | | | | | | | | | | | | | | |
|---|---|--|---|--------|---------------|---|-------------|----|-------------|-----|--------------|----|--------------|------------|--|
| Leadership Summit for Women | The Leadership Summit for Women is an intergenerational, region-wide, inclusive, and accessible event to discuss, evaluate and celebrate women’s leadership and promote women in leadership to effect positive change for all of Niagara. An application for funding in 2014 was approved but monies had to be turned down due to a conflict of interest. This issue is no longer relevant. | | | | | | | | | | | | | | |
| Agency | | | | | | | | | | | | | | | |
| YWCA Niagara Region | | | | | | | | | | | | | | | |
| Municipality | | | | | | | | | | | | | | | |
| Regional | | | | | | | | | | | | | | | |
| Contract Requirements | Number Served | | Highest Assets Impact | | | | | | | | | | | | |
| Contract Amount - \$1,834.80 | <table><tr><td>Expected</td><td>Actual</td></tr><tr><td>Children 0-12</td><td>0</td></tr><tr><td>Youth 13-18</td><td>20</td></tr><tr><td>Adult 19-64</td><td>250</td></tr><tr><td>Seniors 65 +</td><td>20</td></tr><tr><td>TOTAL</td><td>290</td></tr></table> | | Expected | Actual | Children 0-12 | 0 | Youth 13-18 | 20 | Adult 19-64 | 250 | Seniors 65 + | 20 | TOTAL | 290 | Personal Assets: Improved Hope and Motivation |
| Expected | Actual | | | | | | | | | | | | | | |
| Children 0-12 | 0 | | | | | | | | | | | | | | |
| Youth 13-18 | 20 | | | | | | | | | | | | | | |
| Adult 19-64 | 250 | | | | | | | | | | | | | | |
| Seniors 65 + | 20 | | | | | | | | | | | | | | |
| TOTAL | 290 | | | | | | | | | | | | | | |
| Within Budget  | | | Testimonial “By participating in workshops that I got to choose, I was able to connect with peers, network, have a safe place for female-focused discussion, learn something new, and feel extremely connected, encouraged, supported and empowered.” | | | | | | | | | | | | |
| Met Targets Established  | | | | | | | | | | | | | | | |
| Completed Objectives  | | | | | | | | | | | | | | | |
| Reporting Requirements  | | | | | | | | | | | | | | | |
| Site/Program Review  | | | | | | | | | | | | | | | |
| Result Women received information, which helped to support their own leadership development. Funding was used to pay for attendees who could not afford the entrance fee. After the summit two women's groups were formed – “Women Working in a Male Dominated Profession” and “Women Encouraging Women in Politics”. | | | | | | | | | | | | | | | |






| Project | Description | | | | |
|--|---|------------|------------|--|--|
| Crystal Beach Local Food Project | We will work with the Crystal Ridge Community Church, Sexsmith Farm, Bridges and For the Least of Them, to enhance their existing service offerings to better engage low income residents in learning new ways to stretch limited budgets and improve health through a weekly farm to table program. This incorporates a community garden, local market, and training in food preparation and processing to teach new skills and help shift residents out of poverty. | | | | |
| Agency | | | | | |
| Advancing Crystal Beach Community Development Organization | | | | | |
| Municipality | | | | | |
| Fort Erie | | | | | |
| Contract Requirements | Number Served | | | Highest Assets Impact | |
| Contract Amount - \$18,970.88 | Expected | | Actual | Social Assets: Low Income People are Engaged in their Community | |
| Within Budget | Children 0-12 | 50 | 75 | | |
| Met Targets Established | Youth 13-18 | 50 | 40 | Testimonial “I come almost every day. Meeting new people and excited about this project. In the past, I just stayed home. But now I have something that interests me.” | |
| Completed Objectives | Adult 19-64 | 50 | 42 | | |
| Reporting Requirements | Seniors 65 + | 50 | 23 | | |
| Site/Program Review | TOTAL | 200 | 180 | | |
| Result Several areas of success were achieved: 40+ volunteers attended the Open Space Forum/Project Planning sessions; 50+ community members attended the May Launch and October Harvest events. Town Staff fast-tracked licensing of the market and seven local businesses contributed cash/supplies for the garden/market. Additional cash donations were received from service clubs/personal donors. Port Colborne market vendors and six local farmers/gardeners/vendors supplied/contributed additional fresh produce and retail items for the market and we exceeded our networks goal by creating 28 new service partnerships. | | | | | |

| Project | Description | | | |
|--|---|------------|-----------------------|--|
| Get There with Ride Share | For many residents transportation is an access barrier, particularly for people living in poverty. A web-based ride share service addresses this need by facilitating connections among people who may be going to the same place. It applies to work, school as well as social & recreational outings. Beyond its environmental benefits, Ride Share fills a need for transportation that cannot be logistically or reasonably accommodated by existing conventional & inter-municipal transit services. | | | |
| Agency | | | | |
| Bridges Community Health Centre | | | | |
| Municipality | | | | |
| Regional | | | | |
| Contract Requirements | Number Served | | Highest Assets Impact | |
| Contract Amount - \$67,064.89 | Expected | | Actual | Social Assets: Low Income People are Engaged in their Community Financial Assets: Reduced Cost |
| Within Budget  | Children 0-12 | 0 | 0 | |
| Met Targets Established  | Youth 13-18 | 0 | 0 | Testimonial “Being involved with Ride Share and carpooling with others has helped me to save money, connect with coworkers and contribute to bettering the environment... Gas is very expensive so it's nice to be able to share the cost with others and even better when you are offered a ride for free.” |
| Completed Objectives  | Adult 19-64 | 100 | 628 | |
| Reporting Requirements  | Seniors 65 + | 25 | 0 | |
| Site/Program Review  | TOTAL | 125 | 628 | |
| Result At the time of this report, there were 286 people and 12 respected employers in the Niagara region who were registered with Ride Share. This program is proving to be a complementary service to address transportation needs within Niagara. | | | | |

| Project | Description | | |
|---|---|-----------|---|
| Self-Employment Program | Self-employment program to start a part-time or full-time business. This 12 month program will assist clients with developing and implementing a business plan. One-on-one mentoring will be provided along with regular seminars that are all business relevant. We will provide bookkeeping services along with access to the resource centre with access to a computer, office space and some clerical services. All is provided at no cost to the individual. | | |
| Agency | | | |
| Business Success & Loan Centre Fort Erie | | | |
| Municipality | | | |
| Fort Erie | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$42,620.70 | Expected | | Personal Assets: Improved Hope and Motivation Social Assets: Low Income People are Engaged in their Community Human Assets: Increased Ability to Manage Income and Accumulate Assets Financial Assets: Unemployed and Attained a Job Testimonial "We were approached by the individual starting the business. Business should be opening February 15, 2017. Start of my self-employment and employment for others." |
| Within Budget  | Children 0-12 | 0 | |
| Met Targets Established  | Youth 13-18 | 0 | |
| Completed Objectives  | Adult 19-64 | 25 | |
| Reporting Requirements  | Seniors 65 + | 0 | |
| Site/Program Review  | TOTAL | 25 | |
| | | | Actual |
| | | | 0 |
| | | | 0 |
| | | | 16 |
| | | | 0 |

Results

Our self-employment program was focused on those neighbourhoods identified as having the greatest need for support. Although we did not meet the expected results that we wanted, we will continue to offer self-employment services in the community.






| Project | Description | | |
|---|---|-----------|--|
| Art Therapy | Children in the lowest income families are more likely to exhibit high levels of emotional anxiety as well as aggression. Poverty also impacts children's mental health. These families will be offered art therapy for their children. | | |
| Agency | | | |
| Community Living Port Colborne Wainfleet | | | |
| Municipality | | | |
| Port Colborne | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$27,944.51 | Expected | | Personal Assets: Improved hope and motivation Social Assets: Support Networks Human Assets: Obtained needed health services, Enhanced life skills Testimonial "Our son felt awful about himself because he is 'different'. He was talking about hurting himself... The art therapy is exactly what he needed. It gives him a voice. Art therapy was amazing. It has improved our situation at home. We did not know that this kind of therapy even existed." |
| Within Budget  | Children 0-12 | 7 | |
| Met Targets Established  | Youth 13-18 | 5 | |
| Completed Objectives  | Adult 19-64 | 0 | |
| Reporting Requirements  | Seniors 65 + | 0 | |
| Site/Program Review  | TOTAL | 12 | |
| | | | Actual |
| | | | 8 |
| | | | 11 |
| | | | 3 |
| | | | 0 |






Result

Children and youth who received art therapy were much more able to self-regulate their emotions. Parents of children expressed their gratitude, as children seemed to be doing better with therapy. The impact of the project over long term will be monitored as we continue to work with the kids and keep in contact with families.

| Project | Description | | |
|--|--|-----------|---|
| Dress for Success Niagara West | Job seekers can have the best resume and interview skills but without a good quality interview outfit, they often lack the confidence that they need to present themselves well to employers. Dress for Success Niagara West will partner with local thrift stores to create a voucher system that will enable job seekers to select a free interview outfit and/or a free outfit for their first day of work. In addition, potential clothing donors will be found & Dress for Success workshops will be created. | | |
| Agency | | | |
| Employment Help Centre | | | |
| Municipality | | | |
| Lincoln, West Lincoln, Grimsby | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$25,143.68 | Expected | Actual | Social Assets: Low Income People are Engaged in their Community |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 0 | Testimonial "This program helped me with self-confidence knowing I have proper clothes and nice looking clothes for my job interview... Without this Program I would not have any nice clothes." "Learn how to do an interview properly and look the part. It helps with looking good for the interview... To secure a job, make a good first impression." |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 2 | |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 60 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 3 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 65 | |
| | | | 80 |
| Result The increase in self-confidence the clothing and supports provided to clients expanded beyond employment opportunity. Hire Attire was embraced by the community, from job seekers, to businesses, agencies, educational institutions and private citizens. Hire Attire was offered the opportunity to present the program to Brock University and the Goodman School of Business. | | | |

| Project | Description | | |
|--|---|------------|--|
| McLaughlin Community House & Denistoun Outreach | Programming includes cooking, sewing, arts, crafts, woodworking, girl-boy talk, afterschool homework help, summer program, reading, and community gardens at McLaughlin Community House. In 2016, it is planned to commence programming for low-income youth in the Denistoun residential development by transporting these youth to service locations at McLaughlin Community House or Faith Welland Outreach. | | |
| Agency | | | |
| Faith Welland Outreach | | | |
| Municipality | | | |
| Welland | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$35,007.59 | Expected | Actual | Personal Assets: Improved Hope and Motivation |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 150 | Social Assets: Low Income People are Engaged in their Community Testimonial "I love to volunteer with the activities and I'm part of the women's group... the Community House helps us to feel happy and feel that this is our family. Thanks to all the activities my kids have a special place to go during the summer doing nice things instead of being just at home watching TV." |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 20 | |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 40 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 6 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 216 | |
| | | | 349 |
| Result New faces attended regularly, and the provision of childcare has been a definite driving force to continued attendance. We were able to build strong connections with the parents of the Denistoun area by providing a many different programs. | | | |

| Project | | Description | | | |
|--|--|---|--------------|-----------------------|--|
| In Support of Local Community Gardens | | Providing support and expansion for Community Gardens in Queenston, St Catharines. With community volunteers, Greening Niagara will rebuild the Centennial garden feeding 52 families & orgs, provide a new garden build with 12 plots, & strengthen community support for all three locations. The program also provides a community-training program and food bank donations. | | | |
| Agency | | | | | |
| Greening Niagara | | | | | |
| Municipality | | | | | |
| St. Catharines | | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact | |
| Contract Amount - \$19,539.68 | | Expected | | Actual | Social Assets: Low Income People are Engaged in their Community |
| Children 0-12 | | 80 | 463 | | |
| Youth 13-18 | | 30 | 117 | Testimonial | |
| Adult 19-64 | | 140 | 385 | | |
| Seniors 65 + | | 25 | 94 | | |
| TOTAL | | 275 | 1,059 | | "I like to know how to grow my own vegetables and this garden makes it very easy to do so by organizing the soil and mulch. I am a newcomer to Canada and when I was REALLY new it was a nice way to meet other Canadians and grow food at the same time." |
| Within Budget | |  | | | |
| Met Targets Established | |  | | | |
| Completed Objectives | |  | | | |
| Reporting Requirements | |  | | | |
| Site/Program Review | |  | | | |
| Result | | | | | |
| With the materials we were able to purchase in combination with materials donated, we were able to provide hands on learning in the form of workshops in our garden. Residents participated in building garden plots, vertical planters, spreading mulch, adding soil, plot preparation, as well as planting, growing, and harvesting. The garden was open seven days a week for participants. | | | | | |

| Project | Description | | | | |
|--|---|-----------|-----------|---|--|
| Reading Rocks Junior | This is a literacy intervention program for children 4-6, who are at-risk for reading difficulties. Responding to the need to provide support to children during this crucial time period to prevent more challenging reading difficulties later on. This project expansion includes two caregiver workshops on early literacy and effective use of technology in learning as well as exploring children's learning engagement. | | | | |
| Agency | | | | | |
| Learning Disabilities Association of Niagara Region | | | | | |
| Municipality | | | | | |
| St. Catharines | | | | | |
| Contract Requirements | Number Served | | | Highest Assets Impact | |
| Contract Amount - \$20,122.02 | Expected | | Actual | Social Assets: Low Income People are Engaged in their Community, Children and Youth Participate in Activities, Information Network Human Assets: Enhanced Life Skills | |
| Within Budget  | Children 0-12 | 40 | 34 | | |
| Met Targets Established  | Youth 13-18 | 0 | 0 | | |
| Completed Objectives  | Adult 19-64 | 20 | 23 | | |
| Reporting Requirements  | Seniors 65 + | 0 | 0 | | |
| Site/Program Review  | TOTAL | 60 | 57 | Testimonial “My son is more excited, motivated, and enthusiastic in his approach to reading. The program has made it fun and enjoyable rather than daunting and tiresome. (He) was easily frustrated when trying to read, especially if he couldn't figure it out... Now he is eager to listen to a story as well as point out words he knows.” | |
| Result This project was successful as the data collected shows that children improved in their literacy skills over the course of the program. Parents found these workshops informative and provided positive feedback. The United Way of St. Catharines has provided funding to continue offering this program and we will continue to collect pre and post-test data to measure the effectiveness of the program. | | | | | |

| Project | Description | | |
|---|---|---------------|--|
| SMUN Bridge to Employment | The objective of this project was to provide food handling and processing skills training for SMUN clients in a commercial setting. SMUN collaborated with two businesses in Niagara to accomplish this goal - Wrap It Up Raw and WP Warehousing. This allows SMUN gardens to convert produce into a variety of processed products for year-round sale and use. | | |
| Agency | | | |
| Start Me Up Niagara | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$28,229.34 | Expected | | Personal Assets: Improved Hope and Motivation Social Assets: Low Income People are Engaged in their Community Human Assets: Enhanced Life Skills, Obtained Employment Skills Financial Assets: Unemployed and Attained a Job Testimonial "Being able to have steady work, and being in a great learning environment. I have learned so many new skills and am becoming more confident in my abilities. I have been off work for many years to deal with my disability and raise my children. My resume needs to be built up and having positive feedback about my work is helping me feel more confident about returning to permanent work." |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 0 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 0 | |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 10 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 2 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 12 | |
| | | Actual | |
| | | 0 | |
| | | 0 | |
| | | 12 | |
| | | 2 | |
| | | 14 | |

Result






We are managing the positive impacts of this project by continuing to work with the project participants who were hired part and full time from the pilot by WP Warehousing. Some of our clients have successfully applied and are getting approval for a subsequent project in the Manufacturing Supply Chain Services Training Program.

| Project | Description | | |
|---|---|---------------|---|
| Grantham Teen Active Living (GTAL) | GTAL will provide youth from the Old Pine Trail subsidized housing complex and the surrounding Grantham neighbourhood the opportunity to participate in field trips promoting active living such as beach volleyball, snowshoeing, and high ropes. Such excursions are often unattainable to low-income families due to cost and transportation. Field trips will be planned, implemented, and evaluated by neighbourhood youth. Participants will gain the common experience of their more affluent peers. | | |
| Agency | | | |
| United Way of St. Catharines & District | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$4,781.24 | Expected | | Social Assets: Children and Youth Participate in Activities Testimonial "...because I get to go on trips I get to experience things that my parents may not be able to afford. The best things about trips is seeing all my friends." |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 20 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 20 | |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 0 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 0 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 40 | |
| | | Actual | |
| | | 45 | |
| | | 28 | |
| | | 0 | |
| | | 0 | |
| | | 73 | |

Result

Many of these participants will remain engaged with the Grantham After School program moving forward, which will continue to provide access to free educational, recreational, and leisure activities in this neighbourhood.

2016 Individual NPI Project Evaluation

| Project | | Description | | | |
|---|--|--|-----------|-----------------------|--|
| AOA (Autism Ontario Adult) Summer Day Camp | | AOA Summer Day Camp for adults with ASD who have high support needs offers a supported program in a vacation-like setting to combat isolation & allow campers choice in activities of interest to adults that encourage social interactions & build skills | | | |
| Agency | | | | | |
| Autism Ontario Niagara Region Chapter | | | | | |
| Municipality | | | | | |
| St. Catharines; Welland | | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact | |
| Contract Amount - \$50,341.37 | | Expected | | Actual | Social Assets: Children and Youth Participate in Activities |
| Within Budget  | | Children 0-12 | 0 | | |
| Met Targets Established  | | Youth 13-18 | 0 | 8 | Testimonial “Being able to provide (him) with a specific routine alleviates his stress which avoids triggering a melt-down that typically involves some serious self-injurious behaviour... this program also makes him happy and provides much needed social recreation time... it gives (him) a routine, but also allows me some freedom.” |
| Completed Objectives  | | Adult 19-64 | 20 | 17 | |
| Reporting Requirements  | | Seniors 65 + | 0 | 0 | |
| Site/Program Review  | | TOTAL | 20 | 25 | |
| Result We have already seen positive impacts from offering the adult summer camp. We are now offering an evening adult recreation program this fall and had no trouble achieving registration numbers. Our measure of the impact of this project over the long term will be the continued engagement of these adults in our programs and the number of requests for additional supports relating to factors such as housing and employment that will help individuals achieve quality of life and independence. | | | | | |






| Project | | Description | | |
|--|--|--|-----------|--|
| Mobile Kids Zone - Community Cruiser | | This project will increase the access to physical activity in priority neighborhoods by supplying staff to engage children and youth in play, sports and activities. | | |
| Agency | | | | |
| Boys and Girls Club of Niagara | | | | |
| Municipality | | | | |
| Fort Erie; Niagara on the Lake | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact |
| Contract Amount - \$30,073.57 | | Expected | | Physical Assets: Obtained Care for Child or Other Dependant Social Assets: Children and Youth Participate in Activities |
| Within Budget | | Children 0-12 | Actual | |
| Met Targets Established | | Youth 13-18 | | |
| Completed Objectives | | Adult 19-64 | | |
| Reporting Requirements | | Seniors 65 + | | |
| Site/Program Review | | | | |
| | | TOTAL | 64 | 107 |
| | | | | Testimonial |
| | | | | "...I had a lot of fun and it helped me to become more active and I met a lot of nice kids. Because my usual activity is swimming or mostly watching tv or on my tablet this was so healthy for me." |
| Result | | | | |
| This project was a success because it engaged children in sports activities and got them active when they were not involved in other activities. The project was also a success because children were able to participate with the proper equipment, and with enough equipment to participate fully. The activities and sports provided are ones which are not generally available directly in their neighborhoods | | | | |






| Project | Description | | |
|---|--|------------|--|
| "A Clean Start" Laundry Program | Individuals will be able to access vouchers from the Housing Help Centre to use at a partnering laundromat to do laundry. Community Care will also provide a bus ticket, if required and laundry soap. | | |
| Agency | | | |
| Community Care of St. Catharines & Thorold | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$11,504.58 | Expected | | Personal Assets: Enhanced Self-esteem and Self-confidence, Improved Hope and Motivation Social Assets: Low Income People are Engaged in their Community |
| Within Budget <input checked="" type="checkbox"/> Met Targets Established <input checked="" type="checkbox"/> Completed Objectives <input checked="" type="checkbox"/> Reporting Requirements <input checked="" type="checkbox"/> Site/Program Review <input checked="" type="checkbox"/> | Children 0-12 | 135 | |
| | Youth 13-18 | 135 | 88 |
| | Adult 19-64 | 390 | 12 |
| | Seniors 65 + | 90 | 512 |
| | TOTAL | 750 | 21 |
| | | 633 | Testimonial "I saw the program advertised at the Housing Help Centre. I needed help with laundry because I don't have a washing machine. Every week the program helps me as I am low income. I can save extra money for food. I can care for myself better now." |
| Result A primary outcome of the program was client satisfaction. Clients accessing this program have stated the many barriers they face in order to obtain clean clothing include not only insufficient funds for laundry but also the lack of transportation and/or lack of funds for transportation. Clients are now able to spend more of their funds on things like safer and stable housing, food, utilities and even small luxuries that are normally out of reach for most. Emotionally clients have reported feeling a lot better about themselves. | | | |






| Project | Description | | |
|--|--|-----------|--|
| Young Fun | A no cost afterschool/early evening program for children and youth aged 4 - 21 years of age. Free parenting classes once per month. We will also have a child/ youth worker on hand for those requiring support. | | |
| Agency | | | |
| Community Living Port Colborne Wainfleet | | | |
| Municipality | | | |
| Port Colborne; Wainfleet | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$46,850.67 | Expected | | Personal Assets: Improved Hope and Motivation Social Assets: Low Income People are Engaged in their Community, Children and Youth Participate in Activities Financial Assets: Reduced Cost |
| Within Budget <input checked="" type="checkbox"/> Met Targets Established <input checked="" type="checkbox"/> Completed Objectives <input checked="" type="checkbox"/> Reporting Requirements <input checked="" type="checkbox"/> Site/Program Review <input checked="" type="checkbox"/> | Children 0-12 | 30 | |
| | Youth 13-18 | 20 | 55 |
| | Adult 19-64 | 20 | 23 |
| | Seniors 65 + | 0 | 19 |
| | TOTAL | 70 | 0 |
| | | 97 | Testimonial "I am a single parent so the fact that it was free was great. My daughter was a homebody and did not want to go out. But now she has become independent and enjoys going out with kids her own age." |
| Result We offered some very good quality programs that kids do not always have the opportunity to try. We also provided transportation to some of the children and youth who otherwise would not be able to attend. We were able to hire four individuals living in poverty to help with our programs. One individual is still employed at our agency. | | | |






| Project | Description | | | |
|--|--|----|---|--|
| Niagara West Community Garden Collective | Continue to grow the three established community gardens and in response to gardener requests. Will incorporate more cooking and preservation classes / workshops, and will pilot a new Children in the Garden program and will investigate the addition of other existing gardens to the Collective. In addition, we will establish a volunteer program to assist with garden operation and community outreach. | | | |
| Agency | | | | |
| Employment Help Centre | | | | |
| Municipality | | | | |
| Grimsby | | | | |
| Contract Requirements | Number Served | | Highest Assets Impact | |
| Contract Amount - \$64,058.58 | Expected | | Actual | |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 0 | 66 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 0 | 0 | |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 40 | 67 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 25 | 30 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 65 | 163 | |
| | | | Personal Assets: Improved Hope & Motivation Physical Assets: Increased Food Security Social Assets: Support Network, Information Network | |
| | | | Testimonial | |
| | | | “As a newcomer to the area, having a plot in the community gardens enabled me to meet many of my neighbours, both young and older. Seeds, recipes, and vegetables were shared as well as gardening knowledge. I have even started canning with my vegetables... The outcome of the gardens for me and my husband is that we are eating better and exercising more.” | |
| Result | | | | |
| All our garden plots were full, and we had a wait list in spring of 2018. We are exploring expanding our program and services to meet the increased demand. Garden members reported increased consumption of fresh vegetables, increased fresh local produce available in the other programs (food banks and food programs - Community Care West Niagara, West Lincoln Community Care, and Loaf of Bread), demonstrated increased knowledge, skills and behaviours for growing food and feeling more connected to the community. | | | | |






| Project | Description | | | | |
|---|--|-----|--------|--|--|
| Denistoun Outreach Staffing | Programming includes cooking, sewing, arts, crafts, woodworking, girl-boy talk, after school homework help, summer program, reading, and community gardens. Successfully implementing the outreach to this new neighbourhood (Denistoun) requires dedicated staffing for the initial phase of service provision. | | | | |
| Agency | | | | | |
| Faith Welland Outreach | | | | | |
| Municipality | | | | | |
| Welland | | | | | |
| Contract Requirements | Number Served | | | Highest Assets Impact | |
| Contract Amount - \$28,198.00 | Expected | | Actual | Social Assets: Children and Youth Participate in Activities | |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 150 | 220 | | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 20 | 75 | Testimonial “...they have had unique experiences that I would not have been able to provide them on my own such as bird house making and flower arranging. As a single parent, I wouldn't be able to afford similar activities without it being free for us like this one.” | |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 40 | 62 | | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 6 | 15 | | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 216 | 372 | | |
| Result Developing Jr. leaders allows for a "lead by example" approach. Watching Jr. leaders take ownership of their community by investing in those younger than themselves gives a positive impact on the community itself. The hope is to generate more leaders that allows a positive cycle to develop. | | | | | |






| Project | | Description | | | | |
|---|-----|---|--|--|-----|-----|
| The FORT Empowering Youth | | The FORT will continue its mission of youth empowerment by expanding our teen programs while sourcing support and creating new partnerships in the communities we now serve. | | | | |
| Agency | | | | | | |
| FORT | | | | | | |
| Municipality | | | | | | |
| Grimsby | | | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact | | |
| Contract Amount - \$166,541.80 | | Expected | | Physical Assets: Obtained Care for Child or Other Dependent Social Assets: Children and Youth Participate in Activities | | |
| Within Budget  | | Children 0-12 | <table><tr><td>100</td><td>251</td></tr></table> | | 100 | 251 |
| 100 | 251 | | | | | |
| Met Targets Established  | | Youth 13-18 | <table><tr><td>150</td><td>102</td></tr></table> | | 150 | 102 |
| 150 | 102 | | | | | |
| Completed Objectives  | | Adult 19-64 | <table><tr><td>0</td><td>0</td></tr></table> | 0 | 0 | |
| 0 | 0 | | | | | |
| Reporting Requirements  | | Seniors 65 + | <table><tr><td>0</td><td>0</td></tr></table> | 0 | 0 | |
| 0 | 0 | | | | | |
| Site/Program Review  | | TOTAL | 250 | 353 | | |
| | | Testimonial “The FORT also gave me the opportunity to meet new friends and the ability to have friends that will stick with me no matter what. This is important because when I was growing up I got bullied and did not have the skills to cope with the bullies. Because of the FORT I now gained those skills and can now stick up for myself and others.” | | | | |
| Result The Resource Developer has increased the FORT's success in community outreach, support, and fundraising. More people are aware of the FORT, and are supporting our programs through donation, volunteering, and fundraisers. | | | | | | |

| Project | | Description | | | |
|--|--|--|------------|---|--------------------|
| Housing Coach | | One-one dedicated Housing Coach (HC) for adults and families in Fort Erie who are homeless, or at risk of being homeless. The HC will provide front-line help with housing crisis situations and mitigating common barriers to persons living in poverty such as lack of phone and transportation. | | | |
| Agency | | | | | |
| Fort Erie Multicultural Centre | | | | | |
| Municipality | | | | | |
| Fort Erie | | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact | |
| Contract Amount - \$38,542.64 | | Expected | | Personal Assets: Enhanced Self-esteem and Self-confidence, Improved Hope and Motivation Physical Assets: Prevented Eviction or Utility Shut-off, Obtained Safe, Affordable, Rental Housing Social Assets: Low Income People are Engaged in their Community, Support Network, Information Network | |
| Within Budget  | | Children 0-12 | 40 | | 0 |
| Met Targets Established  | | Youth 13-18 | 25 | | 0 |
| Completed Objectives  | | Adult 19-64 | 80 | | 48 |
| Reporting Requirements  | | Seniors 65 + | 15 | | 4 |
| Site/Program Review  | | TOTAL | 160 | 52 | Testimonial |
| | | | | “... I am facing eviction. Having someone to talk to who is making time and generating options for me is giving me hope... having an advocate is helping me to cope better and therefore there is less negative impact on my physical and mental health because I am not alone or isolated in the moment.” | |
| Result -Approved for \$38,542 this two year project was shortened due to staffing issues and instead received \$26,537. The project was able to facilitate and strengthen new and existing landlord relationships by creating a unified strategy that included consistent messaging and the creation of important space for landlords to share their experiences, challenges and successes. The 52 clients who were served by the project, totaled in number of interactions and total hours spent in direct service, exceeded the service unit target of 1.365 hours that was originally proposed. | | | | | |

| Project | Description | | | |
|---|--|-----------|---|--|
| Rock Solid | A 40 week life skills program taught to young, pregnant and parenting women under the age of 21 experiencing homelessness or at risk of homelessness. This program addresses the skills necessary to reduce risks associated with homelessness and associated levels of poverty, such as education, employability, income, shelter and the health of the women and their babies. | | | |
| Agency | | | | |
| Hannah House | | | | |
| Municipality | | | | |
| Niagara Falls | | | | |
| Contract Requirements | Number Served | | Highest Assets Impact | |
| Contract Amount - \$6,113.49 | Expected | | Personal Assets: Increase Self-awareness, Enhanced Self-esteem and Self-confidence, Improved Hope and Motivation Social Assets: Support Network, Information Network | |
| Within Budget  | Children 0-12 | 8 | | |
| Met Targets Established  | Youth 13-18 | 6 | 6 | Testimonial “I heard about the project through Hannah House when I first arrived. I currently attend all the classes to help myself further in the future. The best thing about the program would be all the many different things we learn for our daily tasks or future tasks for independence.” |
| Completed Objectives  | Adult 19-64 | 2 | 6 | |
| Reporting Requirements  | Seniors 65 + | 0 | 0 | |
| Site/Program Review  | TOTAL | 16 | 19 | |
| Result Participants worked through the Rock Solid project during their stay in residency at Hannah House, completing topics such as goal setting, organization, financial planning, nutrition, relationship skills, communication and assertiveness, self-care, hobbies, infant care/parenting, and job preparedness. | | | | |

| Project | Description | | | | |
|--|---|------------|-----------|--|--|
| Inclusive Summer Adventure Camp & Winter Break Camp | We will provide 90 children from families living in poverty with a week of summer camp and 10 children with a week of winter camp. The camp experience will expand the campers' social views, enhance skills both physical & learning, increase self-esteem and provide hope. | | | | |
| Agency | | | | | |
| Heartland Forest Nature Experience | | | | | |
| Municipality | | | | | |
| Niagara Falls | | | | | |
| Contract Requirements | Number Served | | | Highest Assets Impact | |
| Contract Amount - \$38,617.82 | Expected | | Actual | Physical Assets: Obtained Care for Child or Other Dependant Social Assets: Children and Youth Participate in Activities | |
| Within Budget  | Children 0-12 | 100 | 95 | | |
| Met Targets Established  | Youth 13-18 | 0 | 0 | Testimonial “I have seen my kids’ blossom in making friends, and the joy we have that they could have an opportunity to go to a Day Camp has been wonderful. We have five children. Unfortunately it's not in our budget to send our kids to camp. It has built confidence in our kids and they have seen the graciousness of others by being able to go to camp.” | |
| Completed Objectives  | Adult 19-64 | 0 | 0 | | |
| Reporting Requirements  | Seniors 65 + | 0 | 0 | | |
| Site/Program Review  | TOTAL | 100 | 95 | | |
| Result All of the children that attended our Summer Adventure Camp were invited to return for a second week of Summer Adventure Camp at no charge. These children were not counted in any reporting as this was an additional free gift to the families from Heartland Forest. With the pilot behind us, we feel we are well positioned to continue this program for the next two years. | | | | | |

| Project | | Description | | |
|--|---|---|-----------|---|
| Work Experience Program for Adults with Disabilities | | This pilot project is a one-year structured and goal-oriented work experience program for adults with intellectual and developmental disabilities. This initiative will remove barriers and increase equitable access to participation in community life & workplace opportunities through the development of knowledge and skills. | | |
| Agency | | | | |
| Heartland Forest Nature Experience | | | | |
| Municipality | | | | |
| Niagara Falls; Thorold; Welland | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact |
| Contract Amount - \$37,206.38 | | | | Social Assets: Information Network Human Assets: Obtained Employment Skills |
| Within Budget |  | Expected | Actual | Testimonial “I am a person who had a traumatic brain injury and had a terrible time accepting the fact that I am never going to return to my own business...[this program] made me feel important and gave me a reason to help where I can not only myself but others in need.” |
| Met Targets Established |  | Children 0-12 | 0 | |
| Completed Objectives |  | Youth 13-18 | 0 | |
| Reporting Requirements |  | Adult 19-64 | 29 | |
| Site/Program Review |  | Seniors 65 + | 35 | |
| | | TOTAL | 64 | 64 |
| Result Aside from gaining valuable experience that helped in preparing people to enter the work force, this project also provided an opportunity for community involvement and social interactions. Gaining work experience and being able to socialize with staff and other members of the program created a sense of purpose and pride in the participants, and helped boost self-esteem and confidence. | | | | |






| Project | | Description | | | |
|---|--|--|------------|-----------------------|---|
| Garden-Fresh Food Every Time (Summer and Winter) | | Participants will learn to grow vegetables adapted to the conditions in the Region, and learn cooking and preserving skills. | | | |
| Agency | | | | | |
| Links for Greener Learning Inc. | | | | | |
| Municipality | | | | | |
| Fort Erie; St. Catharines; Welland | | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact | |
| Contract Amount - \$45,341.57 | | Expected | | Actual | Personal Assets: Increase Self-awareness Physical Assets: Increased Food Security Social Assets: Information Network |
| Within Budget  | | Children 0-12 | 40 | | |
| Met Targets Established  | | Youth 13-18 | 15 | 44 | Testimonial “Students had the opportunity to engage in experiences that were both educational and inspiring, for some, ex: strawberry picking, it was first time experience. Students are experiencing Canadian Culture and engaging in the community. It also introduce students in job opportunities. “ |
| Completed Objectives  | | Adult 19-64 | 100 | 196 | |
| Reporting Requirements  | | Seniors 65 + | 30 | 24 | |
| Site/Program Review  | | TOTAL | 185 | 341 | |
| Result The project has continued to see exponential growth each year and the impact within the lives of the families is evident through the level of participation and interest. As a result of this project, the City of St. Catharines has allocated funds to restore a community garden in St. Catharines (Buchanan Community Gardens) and a new garden was started in Niagara Falls (Westlane Secondary), which will serve an additional 40 families. | | | | | |






| Project | Description | | |
|---|---|------------|--|
| Links for Greener School Yards | This project will address food security, nutrition education, and civic engagement for students, their families, and neighbours within the communities around Lincoln Centennial School, St. Christopher School, and a future partner school in 2017. | | |
| Agency | | | |
| Links for Greener Learning Inc. | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$19,750.67 | Expected | | Personal Assets: Increase Self-awareness Social Assets: Children and Youth Participate in Activities Human Assets: Enhanced Life Skills |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 240 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 10 | 1173 |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 25 | 269 |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 6 | 128 |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 281 | 0 |
| | | | 1,570 |
| | | | Testimonial "Children are naturally curious and many just thought "veggies" came from store. Now they are excited to learn and watch their vegetables grow, and to use these vegetables as raw snacks or in recipes they can make themselves." |
| Result Outcomes included the learning of new valuable skills which included cooking (things such as spaghetti sauce, eggplant fritters, salads and salad dressing, thanksgiving herb bunches, garden snacking) as well as additional educational lessons on nutrition, food preparation and cooking, diversity, pest control, water conservation, seed saving, pollination, and garden planning were given. | | | |






| Project | Description | | |
|--|---|-----------|---|
| Summer Family Literacy Program | A summer family literacy program for children in low SES households identified as at risk in key foundational skills in emergent literacy that will facilitate their success moving forward into grade 1. A unique union of direct intervention with children by trained professionals while simultaneously coaching parents on how to facilitate the early literacy skills in their child. | | |
| Agency | | | |
| Niagara Children's Centre | | | |
| Municipality | | | |
| Fort Erie | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$10,965.9 | Expected | | Personal Assets: Enhanced Self-esteem and Self-confidence, Improved Hope and Motivation Social Assets: Children and Youth Participate in Activities, Support Networks, Information Networks Human Assets: Enhanced Life Skills |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 18 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 0 | 36 |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 20 | 1 |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 0 | 25 |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 38 | 0 |
| | | | 62 |
| | | | Testimonial "I've been very involved in my child's education and development. I've learned to be more patient with my child and allow her to take the lead as to what interests her." |
| Result Parents shared that they themselves were more aware of the foundational skills of literacy with respect to their children. They found that their children were more receptive to book sharing overall, looking at books for longer periods, trying some of the target skills and showing increased awareness of everyday literacy in their environment. | | | |






| Project | Description | | |
|---|---|-----------|---|
| Health Attack - After School Program | After school program for children age 6-12 with a healthy living focus 1x per week in two different locations as well as a Professional Development, and March Break camps throughout the school year. The weekly program will allow the participants a chance to access and learn about healthy foods while also participating in weekly activities. | | |
| Agency | | | |
| Niagara Folk Arts Multicultural Centre | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$31,981.22 | Expected | | Personal Assets: Increase Self-awareness, Enhanced Self-esteem and Self-confidence Physical Assets: Increased Food Security Social Assets: Children and Youth Participate in Activities, Information Network |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 40 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 5 | 13 |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 20 | 25 |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 0 | 0 |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 65 | 103 |
| | | | Testimonial "...the benefits of after-school activities are numerous. It helps children choose a fun way to learn, develop talents and skills, and build confidence." |
| Result We were able to create a partnership with Brock University and the Niagara Catholic District School Board that allowed us to use their outdoor education facility with their trained staff to give these children an opportunity to experience the outdoors in ways they for the most part had never done before. This opportunity was in addition to partnerships created before the grant and serves as an example of where the program was able to reach. | | | |

| Project | Description | | |
|--|--|-----------|--|
| Summer ESL for Adults and Children | Half-day summer English Second Language (ESL) classes for newcomers to Canada coordinated with a summer program for newcomer children age 6-12 that enables the clients to continue to learn English over the summer months while their children are in programming. | | |
| Agency | | | |
| Niagara Folk Arts Multicultural Centre | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$14,289.98 | Expected | | Personal Assets: Increase Self-awareness, Enhanced Self-esteem and Self-confidence, Improved Hope and Motivation Social Assets: Support Network, Information Network Human Assets: Enhanced Life Skills, Obtained Employment Skills |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 20 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 8 | 10 |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 40 | 35 |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 0 | 0 |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 68 | 72 |
| | | | Testimonial "...been attending ESL classes to improve my language ability... visited the local library and got a library card... Improved my language proficiency in listening and speaking. This is a good project for new immigrants." |
| Result Some of the students in this class had literacy barriers, even in their first language. This project was not only level appropriate but also a task that mirrors real life. Through every day language instruction, students learned the alphabet, numbers and basic structures of the English language and telephone etiquette. For most of the students this was the first time they would leave a voice message. | | | |






| Project | Description | | |
|--|--|------------|---|
| Niagara's Food Forest | Niagara's Food Forest will reduce poverty in St. Catharines' Queenston St. neighbourhood by expanding Niagara's most productive community garden. A Living Wall will be constructed adjacent to the garden and more fruit trees will be planted. Access to locally grown food for area residents will improve. This initiative also includes a series of workshops designed to teach residents how to grow food in limited spaces such as balconies. | | |
| Agency | | | |
| Niagara Sustainability Initiative | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$56,206.59 | Expected | Actual | Physical Assets: Increased Food Security Social Assets: Low Income People are Engaged in their Community, Support Network, Information Network Human Assets: Enhanced Life Skills, Obtained Employment Skills Financial Assets: Reduced Cost Testimonial "...it keeps me active and it provides a gardening alternative since I live in an apartment. I enjoy the fresh produce." |
| Within Budget  | Children 0-12 | 180 | |
| Met Targets Established  | Youth 13-18 | 60 | |
| Completed Objectives  | Adult 19-64 | 220 | |
| Reporting Requirements  | Seniors 65 + | 60 | |
| Site/Program Review  | TOTAL | 520 | |
| | | 174 | |
| Result Approved for \$56,206 for two years this project was shortened to nine months and received \$20,234 due to the agency closing. The garden did become fully active with local residents managing their own garden plot. Local families and individuals were also able to participate in numerous workshops learning how to create and improve their gardening skills, vertical gardening skills, and increase their own self-reliance and community connections. | | | |














| Project | Description | | |
|---|---|------------|---|
| Financial Literacy Workshops | Using the Prosper Canada Financial Literacy curriculum, the Niagara West Adult Learning Centre will offer Financial Literacy Workshops for the residents of Niagara West. | | |
| Agency | | | |
| Niagara West Adult Learning Centre | | | |
| Municipality | | | |
| Grimsby | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$15,841.16 | Expected | Actual | Human Assets: Enhanced Life Skills, Increased Ability to Manage Income and Accumulate Assets Testimonial "My income tax return was done quickly, filed on-line, and it was free. I do not have extra money to spend." |
| Within Budget  | Children 0-12 | 0 | |
| Met Targets Established  | Youth 13-18 | 0 | |
| Completed Objectives  | Adult 19-64 | 75 | |
| Reporting Requirements  | Seniors 65 + | 45 | |
| Site/Program Review  | TOTAL | 120 | |
| | | 47 | |
| Result Rural inaccessibility played a role in having less than expected participants signing up for this program. Due to low registration, a topic that is difficult to sell initially, along with the Prosper Canada Financial Literacy curriculum and the unavailability of trained workshop deliverers, clients were difficult to attract. | | | |

| Project | Description | | |
|--|--|-----------|---|
| Skills to Work | Provide training for individuals to gain in demand skills and successfully connect to the workforce. The training will be unique, be provided locally and be free of charge to participants. | | |
| Agency | | | |
| Niagara West Adult Learning Centre | | | |
| Municipality | | | |
| Grimsby; Lincoln; West Lincoln | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$27,676.67 | Expected | | Personal Assets: Enhanced Self-esteem and Self-confidence, Improved Hope and Motivation Human Assets: Enhanced Life skills, Obtained Employment Skills |
| Within Budget  | Children 0-12 | 0 | |
| Met Targets Established  | Youth 13-18 | 0 | Testimonial "Took the Pre-employment Training Program. I learned a great deal about various career objectives & how to enhance my resume. What employers look for, when they're hiring for employment in today's work force." |
| Completed Objectives  | Adult 19-64 | 36 | |
| Reporting Requirements  | Seniors 65 + | 0 | Testimonial "Took the Pre-employment Training Program. I learned a great deal about various career objectives & how to enhance my resume. What employers look for, when they're hiring for employment in today's work force." |
| Site/Program Review  | TOTAL | 36 | |
| | | 48 | |
| Result As a result of the program, as of the writing of this report, two clients who experience functioning autism were able to apply for a job and both were hired. Eight other clients were also hired. Some of our graduates have been hired directly into our local wine industry. | | | |

| Project | Description | | |
|---|--|-----------|---|
| Engaging People with Serious Mental Illness Towards Employability | This project involves engaging people with serious mental illness in the planning, execution, presentation, participation and evaluation in a clubhouse conference. This offers an opportunity for Oak Centre's members to gain work and practical experience in order to increase their employability skills. | | |
| Agency | | | |
| Oak Centre | | | |
| Municipality | | | |
| Welland | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$16,368.00 | Expected | | Personal Assets: Enhanced Self-esteem and Self-confidence, Improved Hope and Motivation Social Assets: Support Networks, Information Network Human Assets: Obtained Needed Health Services, Enhanced Life Skills, Obtained Employment Skills |
| Within Budget  | Children 0-12 | 0 | |
| Met Targets Established  | Youth 13-18 | 0 | Testimonial "I suffer from Schizophrenia and Depression...going to the Clubhouse conference was a great experience. It helped my self-confidence and self-esteem in many ways." |
| Completed Objectives  | Adult 19-64 | 60 | |
| Reporting Requirements  | Seniors 65 + | 0 | Testimonial "I suffer from Schizophrenia and Depression...going to the Clubhouse conference was a great experience. It helped my self-confidence and self-esteem in many ways." |
| Site/Program Review  | TOTAL | 60 | |
| | | 57 | |
| Result The 5th Canadian Clubhouse Conference took place in June 2016. We asked respondents if they felt they built some skills because of the conference: 68.75% increased communication skills; 34.38% increased information management skills; 56.25% increased their critical thinking/problem solving skills; 59.38% increased interpersonal skills; 56.25% increased personal skills | | | |

| Project | | Description | | |
|---|--|---|----|--|
| Food Central Learning Garden | | This project will be growing organic produce in a 5,000 square foot garden. Garden Volunteers will be trained in all aspects of gardening (planning, planting, weeding, harvesting, marketing, and care of the different produce) with ongoing support. Any abundance of food will be sold at the Market stand. Volunteers will get a % of sales and a % will go to supporting the project costs. | | |
| Agency | | | | |
| Open Arms Mission | | | | |
| Municipality | | | | |
| Welland; Port Colborne; Wainfleet | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact |
| Contract Amount - \$24,535.42 | | Expected | | Physical Assets: Increased Food Security Social Assets: Information Network Financial Assets: Reduced Cost |
| Within Budget <input checked="" type="checkbox"/> | | Children 0-12 | 0 | |
| Met Targets Established <input checked="" type="checkbox"/> | | Youth 13-18 | 0 | 4 |
| Completed Objectives <input checked="" type="checkbox"/> | | Adult 19-64 | 25 | 35 |
| Reporting Requirements <input checked="" type="checkbox"/> | | Seniors 65 + | 10 | 6 |
| Site/Program Review <input checked="" type="checkbox"/> | | TOTAL | 35 | 56 |
| | | Testimonial | | |
| | | “I enjoyed learning about planting times and soils, various ways to plant, what to plant beside other plants, what can be planted to fend off insects, etc. ...learning patience and putting in the hard work before one is able to see the bounty of all that work - that is significant. I think next year I will have a garden of my own.” | | |
| Result | | | | |
| We have opened up the garden and learning aspects to a broader aspect of the community, with an opportunity to have garden plots for various people working side by side - learning from each other. We have also attracted a local beekeeper who brought two hive boxes and is storing them near our garden plots. | | | | |

| Project | | Description | | | | |
|--|-----|---|---|---|--------------------|----|
| Community Garden | | This initiative will involve expansion of the current community gardens in the 3 Bridges Community to include safe food handling, meal preparation, cooking and canning produce grown in the garden. The Facilitator will introduce participants to basic gardening skills, do food demonstrations at the food bank & provide workshops in nutrition. | | | | |
| Agency | | | | | | |
| Port Cares | | | | | | |
| Municipality | | | | | | |
| Port Colborne | | | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact | | |
| Contract Amount - \$36,705.57 | | Expected | | Physical Assets: Increased Food Security, Obtained Care for Child or Other Dependant Social Assets: Children and Youth Participate in Activities Human Assets: Enhanced Life Skills Financial Assets: Reduced Cost | | |
| Within Budget  | | Children 0-12 | <table><tr><td>0</td><td>35</td></tr></table> | | 0 | 35 |
| 0 | 35 | | | | | |
| Met Targets Established  | | Youth 13-18 | <table><tr><td>20</td><td>52</td></tr></table> | | 20 | 52 |
| 20 | 52 | | | | | |
| Completed Objectives  | | Adult 19-64 | <table><tr><td>25</td><td>174</td></tr></table> | 25 | 174 | |
| 25 | 174 | | | | | |
| Reporting Requirements  | | Seniors 65 + | <table><tr><td>5</td><td>6</td></tr></table> | 5 | 6 | |
| 5 | 6 | | | | | |
| Site/Program Review  | | TOTAL | 50 | 267 | Testimonial | |
| | | “... I was able to attend/assist with the cooking class... working with the clients from Community Living and NTEC, I am now exploring these options for my second year placement and career path.” | | | | |
| Result | | | | | | |
| The program brought thousands of pounds of fresh produce for use in the community meals and foodbank, which in turn provided additional/healthy alternatives to the canned/dry goods typical of foodbank supplies. | | | | | | |

| Project | | Description | | | |
|--|--|---|---|--|---|
| Niagara Poverty Reduction Network Speakers Bureau Coordination | | Positive Living Niagara will offer coordination support to the Niagara Poverty Reduction Network's Speakers Bureau. It will recruit and train speakers for the Bureau. This project will also assist in refreshing presentation materials and promotional materials for the Bureau. | | | |
| Agency | | | | | |
| Positive Living Niagara | | | | | |
| Municipality | | | | | |
| Regional | | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact | |
| Contract Amount - \$8,737.76 | | Expected | | Personal Assets: Increase Self-awareness, Improved Hope and Motivation Social Assets: Low Income People are Engaged in their Community, Support Networks, Information Network | |
| Within Budget  | | Children 0-12 |  | |  |
| Met Targets Established  | | Youth 13-18 |  | |  |
| Completed Objectives  | | Adult 19-64 |  | |  |
| Reporting Requirements  | | Seniors 65 + |  | |  |
| Site/Program Review  | | TOTAL | 1,540 | 363 | |
| | | | | Testimonial | |
| | | | | “This program has made me consider all the pieces to the puzzle that make-up poverty, and not just the more obvious ones, as well as the situations that 'support' poverty which was a new concept for me” | |
| Result | | | | | |
| The project although falling short on meeting service targets does have a good core team on the task group working on sustaining the speakers’ bureau. We are moving forward with revising content for presentation and creating a better promotional strategy to move forward. Although the project has ended, the Task group and speakers will continue to function under the operating model that we have created through this project. | | | | | |

| Project | | Description | | | |
|--|--|---|-----------|--|----|
| Housing & Homelessness Case Facilitation | | An Intensive Case Manager specializing in mental health and addictions help people find and retain their housing. | | | |
| Agency | | | | | |
| Project SHARE of Niagara Falls Inc. | | | | | |
| Municipality | | | | | |
| Niagara Falls | | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact | |
| Contract Amount - \$86,292.01 | | Expected | | Physical Assets: Obtained Safe, Affordable, Rental Housing Social Assets: Support Networks, Information Network | |
| Within Budget <input checked="" type="checkbox"/> | | Children 0-12 | 2 | | 15 |
| Met Targets Established <input checked="" type="checkbox"/> | | Youth 13-18 | 16 | | 10 |
| Completed Objectives <input checked="" type="checkbox"/> | | Adult 19-64 | 25 | | 65 |
| Reporting Requirements <input checked="" type="checkbox"/> | | Seniors 65 + | 6 | | 20 |
| Site/Program Review <input checked="" type="checkbox"/> | | TOTAL | 49 | 110 | |
| | | | | Testimonial | |
| | | | | "I was homeless and staying at the 'Out of the Cold' in St. Catharines for several months, and couch surfing off and on for awhile. For the first time in a very long time I feel like my life will improve. I have a chance to finally get my own apartment somewhere to live that is safe and affordable." | |
| Result | | | | | |
| Improvements in self-esteem, independence, family relationships, reduced stress, and success finding / retaining affordable housing are providing foundation for people to build their lives, improve health and participate in society. Clients have stated they feel like they have found some sense of hope and encouragement with this program, it is definitely making a difference in their daily lives. | | | | | |






| Project | Description | | |
|---|--|-----------|---|
| Expressions | Finding, sharing voice using a variety of art forms & presentation methods to encourage participation, sharing of interests & talents. Creates new voice & spaces in community for those who are excluded. | | |
| Agency | | | |
| Start Me Up Niagara | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$23,201.20 | Expected | | Personal Assets: Increase Self-awareness, Enhanced Self-esteem and Self-confidence Social Assets: Support Network, Information Network |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 0 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 2 | 0 |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 30 | 62 |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 5 | 3 |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 37 | 65 |
| | | | Testimonial "I have found an outlet for my creativity and personality to come through without much judgement, plenty of encouragement and tools & resources provided for me along the way. Most of all, I have confirmed many times for myself that I have gifts inside of me to nurture and share to inspire." |
| Result Art Me Up continues to take part in community events such as the Art Crawl, In the Soil, and Harvest Festival. The culture of expression through the arts is life changing .Restoring confidence. Helping people cope with life issues. Providing ways out of isolation. Building community. | | | |

| Project | Description | | |
|--|--|-----------|---|
| Income Matters | Provide free income tax filing and apply for all tax related credits for people living in poverty. Assist in securing bank accounts and development of basic financial literacy. | | |
| Agency | | | |
| Start Me Up Niagara | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$25,785.28 | Expected | | Human Assets: Enhanced Life Skills, Increased Ability to Manage Income and Accumulate Assets Financial Assets: Increased Income from Non-Employment Sources, Build Financial Consent, Reduced Cost |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 0 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 0 | 6 |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 60 | 391 |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 20 | 156 |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 80 | 553 |
| | | | Testimonial "My mortgage was in chaos... Ada called the bank and made those in authority understand that I had rights and they were not going to cause me to lose my house. I still have the house and the bank understands all the details. I will continue to pay as required and my housing will be stable." |
| Result Over the long term, participants have seen an overall increase in their income and their level of understanding their finances has increased significantly. | | | |

| Project | Description | | |
|--|---|------------|---|
| RAFT Niagara Regional Housing Summer Camp | Daily Summer camp program that offers sports/active games, arts, crafts, educational activities, field trips, special events & cultural learning opportunities. Camp includes healthy breakfast and snacks. No cost for participation. Program will expand the existing summer programming offered through our After School Matters program. The camp will reduce isolation, provide constructive activities, and child minding support for working parents | | |
| Agency | | | |
| RAFT | | | |
| Municipality | | | |
| Niagara Falls; St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$58,656.42 | Expected | | Personal Assets: Increase Self-awareness, Enhanced Self-esteem and Self-confidence Social Assets: Children and Youth Participate in Activities, Support Network, Information Network |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 336 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 144 | 337 |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 0 | 143 |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 0 | 0 |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 480 | 480 |
| | | | Testimonial "My older brother went to program and now works for The Raft. He told me about it and the fun things they did so I started going to program." |
| Result We successfully offered 320 hours of health and physical activity programming and 160 hours of education and cultural activities. We offered eight field trips throughout the summer that explored our local community and the assets Niagara has to offer. | | | |

| Project | Description | | |
|---|--|------------|--|
| Rent Bank | The Rent Bank will expand homelessness prevention in Fort Erie to aid low income households by assisting with rent arrears and rent deposits as a 0%, no penalty loan. | | |
| Agency | | | |
| The Salvation Army - Fort Erie Community & Family Services | | | |
| Municipality | | | |
| Fort Erie | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$103,229.28 | Expected | | Physical Assets: Prevented Eviction or Utility Shut-off, Obtained Safe, Affordable, Rental Housing Social Assets: Low Income People are Engaged in their Community, Support Networks, Information Network Financial Asset: Obtained Capital Asset, Reduced Cost |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 24 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 9 | 25 |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 66 | 18 |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 3 | 69 |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 102 | 118 |
| | | | Testimonial "I was in a tough situation with my marriage ending. I needed to find an apartment... I was unable to acquire first and last months rent deposit for the new apartment. [This program] was a wonderful help in acquiring the deposit." |
| Result Many of the families coming for the rent assistance are new to the Salvation Army. This has enabled us to inform them of the services we provide such as ensuring that their utilities are up to date, that they have filled out the OESP forms, and that they are aware of our food bank, tax clinics, and vouchers for the Thrift Store, which further enhances their financial stability. | | | |

| Project | Description | | | |
|---|--|------------|------------|---|
| Brushed Aside: Dental Care Access | This project will allow the Brushed Aside Dental Care Access program to continue to provide access to dental care for adults in need of treatment through existing agency relationships. | | | |
| Agency | | | | |
| United Way of St. Catharines & District | | | | |
| Municipality | | | | |
| Regional | | | | |
| Contract Requirements | Number Served | | | Highest Assets Impact |
| Contract Amount - \$140,122.00 | | Expected | Actual | Personal Assets: Enhanced Self-esteem and Self-confidence, Improved Hope and Motivation Human Assets: Obtained Needed Health Services Financial Assets: Reduced Cost |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 0 | 0 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 0 | 0 | Testimonial “I received my dentures through the brushed aside program and am so happy with the way things have worked out. My teeth had all been pulled because they were in such bad shape and at the time I did not have the money to afford dentures.” |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 200 | 172 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 0 | 28 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 200 | 200 | |
| Result As one of the only programs in Niagara that provides access to dental care for adults, we see a huge demand for this program. y partnering with multiple agencies we have been able to reduce barriers and help participants to feel comfortable accessing this program, as well as other needed services at the agencies. | | | | |

| Project | | Description | | |
|--|--|--|------------|--|
| WC4W Production | | Drama performance to help women express how they feel about their personal situation. This project will help in combating social isolation, will give a voice to the voiceless and be a source of empowerment. Will be utilized as an educational tool for our ladies as well as the community by attending the performance. | | |
| Agency | | | | |
| Westview Centre4Women | | | | |
| Municipality | | | | |
| St. Catharines | | | | |
| Contract Requirements | | Number Served | | Highest Assets Impact |
| Contract Amount - \$4,624.00 | | Expected | | Personal Assets: Increase Self-awareness, Enhanced Self-esteem and Self-confidence Social Assets: Support Networks |
| Children 0-12 | | 0 | 5 | |
| Within Budget  | | Youth 13-18 | 20 | Testimonial “I thought it was fun to be part of the drama plus I got to make some friends. Life is hard right now, new to the area, money tight etc. I need something to do with my time and to feel important.” |
| Met Targets Established  | | Adult 19-64 | 300 | |
| Completed Objectives  | | Seniors 65 + | 5 | |
| Reporting Requirements  | | TOTAL | 325 | |
| Site/Program Review  | | | 444 | |
| Result We did the drama two nights and both nights we were full house. Some of the women feel they have been changed in a good way. They feel the work they did had value and gave them worth. | | | | |

| Project | Description | | |
|--|---|--------------|--|
| Westview Centre4Women | Providing a springboard from "meeting basic needs" to "moving people out of poverty". This project will help women navigate through the barriers step by step and provide opportunities for employment. Women of all colour, sexual orientation, religion or economic status need a place to call their own. This project will offer "no agenda" services to assist in the war against poverty and meet the needs of our community. | | |
| Agency | | | |
| Westview Centre4Women | | | |
| Municipality | | | |
| St. Catharines | | | |
| Contract Requirements | Number Served | | Highest Assets Impact |
| Contract Amount - \$113,050.39 | Expected | | Personal Assets: Enhanced Self-esteem and Self-confidence, Improved Hope and Motivation Physical Assets: Increased Food Security Social Assets: Low Income People are Engaged in their Community, Support Networks, Information Network Human Assets: Enhanced Life Skills Financial Assets: Reduced Cost |
| Within Budget <input checked="" type="checkbox"/> | Children 0-12 | 150 | |
| Met Targets Established <input checked="" type="checkbox"/> | Youth 13-18 | 50 | |
| Completed Objectives <input checked="" type="checkbox"/> | Adult 19-64 | 1500 | |
| Reporting Requirements <input checked="" type="checkbox"/> | Seniors 65 + | 50 | |
| Site/Program Review <input checked="" type="checkbox"/> | TOTAL | 1,750 | |
| | | Actual | |
| | | 224 | |
| | | 69 | |
| | | 1877 | |
| | | 385 | |
| | | 2,555 | |
| | | | Testimonial |
| | | | "I have been one of the first people to ever attend WC4W and I just want to share how much I love it. I still drop in when I can, I try to support the women as often as I can and show I care. The program really helps with loneliness and the pantry helps me get food at affordable prices." |
| Result Local agencies are calling us to do presentations specifically on our services that lead to change, or are asking us to explain the results we obtained with specific participants. We had four BBQ's at Montebello Park inviting all our participants and their families, which was incredibly successful. We worked with John Deere to improve our garden project. We started a monthly potluck brunch the first Sunday of every month. We believe this program has been key in combating loneliness. | | | |