# Sexual Health Program Clinical Services Division

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### Sexual Health Service Delivery Model

- Sexually transmitted infection (STI):
  - Testing
  - Case and Contact Management
  - Treatment
  - Health Teaching
- Consultations with health care providers
- Outreach for priority populations





## Sexual Health Service Delivery Model (continued)

- Contraception:
  - Counselling
  - Prescribing
  - Providing pregnancy options
  - "At-cost" contraception to individuals 34 years of age and younger
- Targeted distribution of information





#### Populations we serve

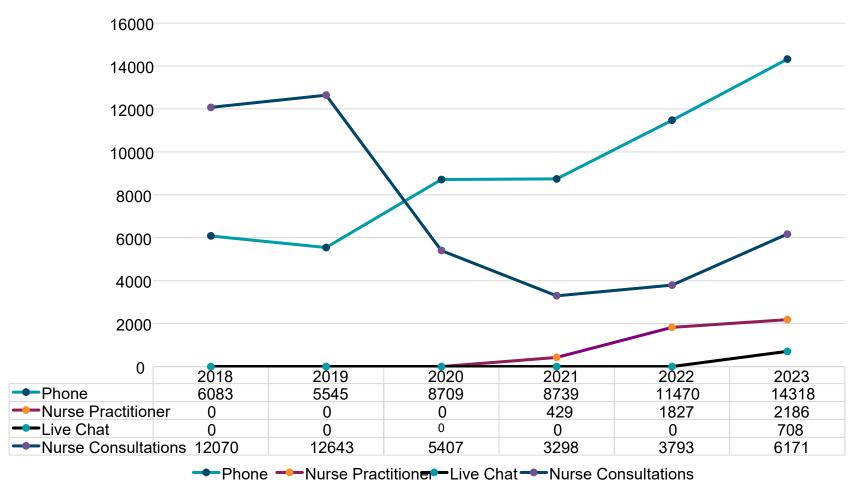
- Prioritize service for people who are at increased risk of STIs and more likely to have poorer outcomes
  - 15-29 years of age
  - Precariously housed
  - Involved in the sex trade
  - Using substances
  - Those without a health card
  - Those with barriers to accessing health care





#### **Outlook Trends**

#### **Client Appointments by Appointment Type**





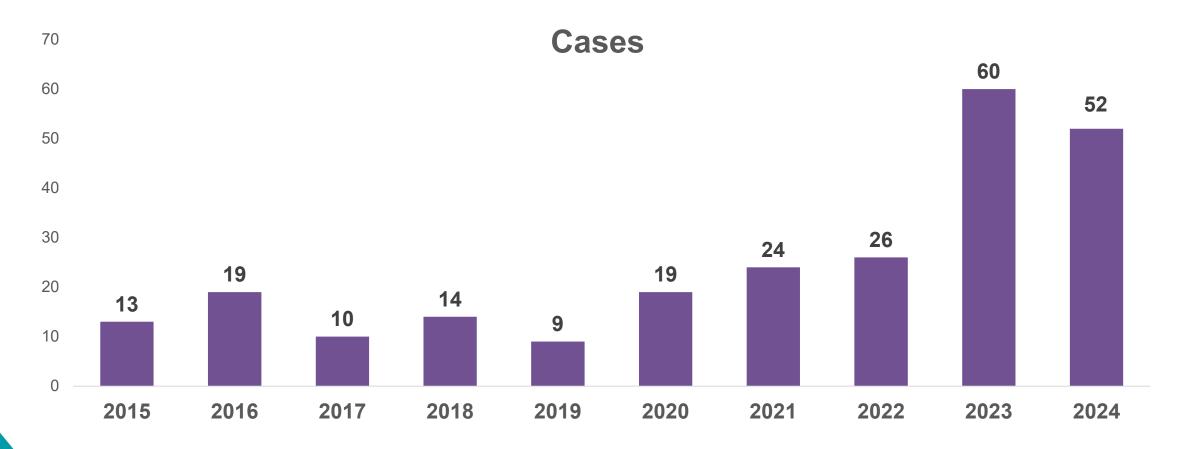


#### Sexual Health Program Outlook

- Shortage of primary care providers and specialists
- Access for equity-deserving populations
- Rising rates of Syphilis and Human Immunodeficiency Virus (HIV)



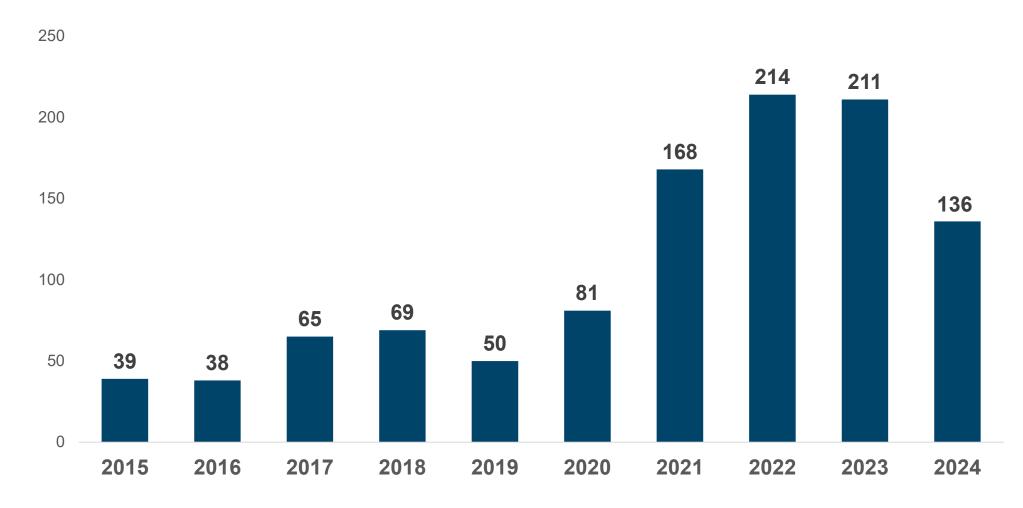
### HIV Cases (2015-2024)







#### Syphilis Cases (2015-2024)







#### What is Sexual Health doing?

- Working to educate primary care on STI testing
- Strengthening Outreach for priority populations
- Collaborating with the school nurses to reach vulnerable youth
- Adapting services by offering syphilis clinics
- Collaborating with McMaster ID Services
- Advocating for HIV services within Niagara





### Questions?

