



Niagara Ontario Health Team: Exceptional, Connected Care

The Niagara Ontario Health Team - Équipe Santé Ontario Niagara (NOHT-ÉSON) is a collaborative network dedicated to providing exceptional, connected care for Niagara residents.



Who We Are



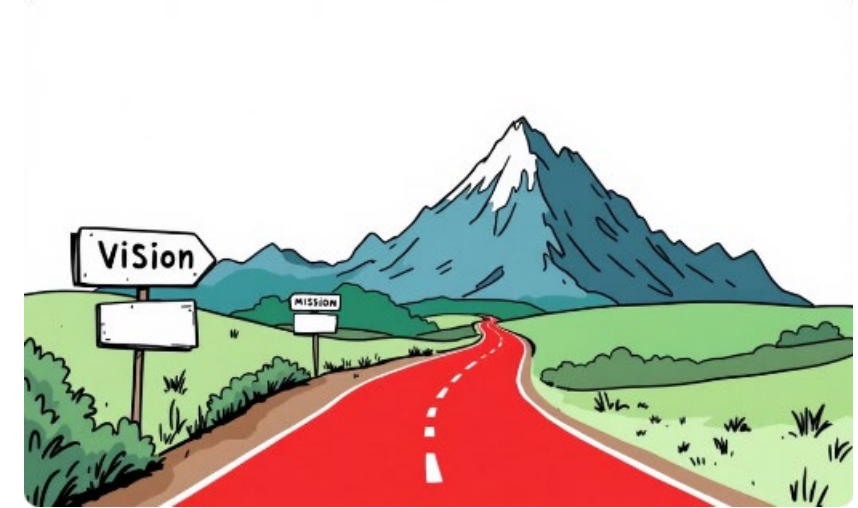
What is an OHT?

Ontario Health Teams (OHTs) organize and deliver services in local communities. The teams bring together health care providers from across health and community sectors to work as one collaborative team to better coordinate care, and share resources.



Niagara OHT - ÉSON

We are a collective of more than 45 health care providers, social service agencies, educational institutions, and patient/client and family/caregiver representatives, committed to working as one coordinated team.



Vision and Mission

Healthy together. **Exceptional, connected care**, now and for future generations.

To work as **one coordinated team** to provide service, support, and care, no matter when or where you need it.



Structure and Governance

1

Planning Table

The overarching governing body that sets the strategic direction of the OHT.

2

Working Groups

Approximately 17 various working groups, project teams, and task forces (e.g. dementia care, cancer screening, palliative care, alternate level of care, mental health and addictions).

3

Consensus Decision-Making

All voices have equal weight. No voting.

Backbone Support

- \$750,000 annually
- Staff (9 individuals, mix of FT and PT)
- Website, translation, clinicians and patient/family compensation, mileage, etc.
- Not for clinical purposes



Strategic Planning: Collaborative and Inclusive

Community Engagement

We engaged interested and affected parties, including community groups and those with lived experiences.

Pillars

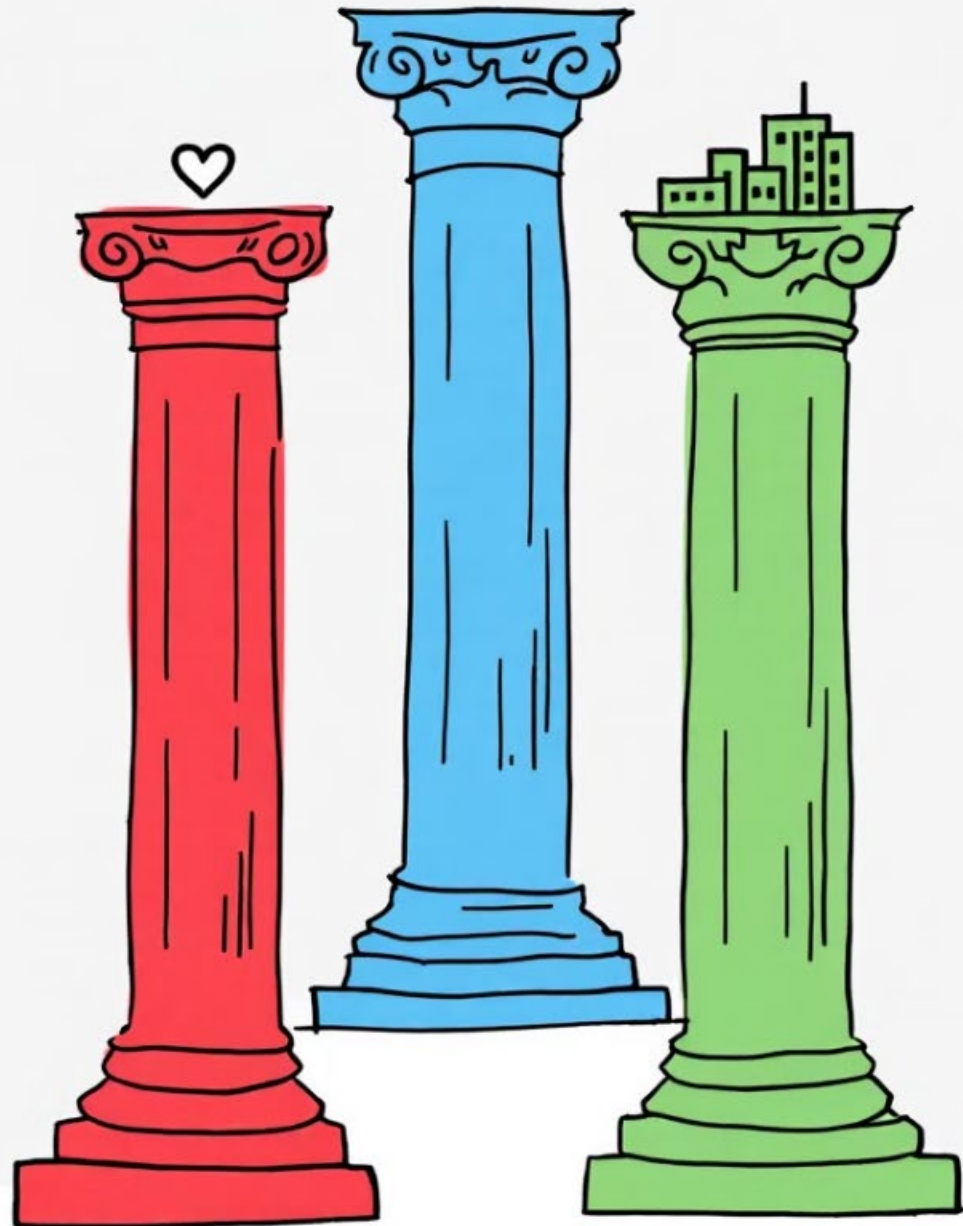
The result is this strategic plan built around six pillars, each with clear goals and measurable objectives.

SWOTA

We analyzed our strengths, weaknesses, opportunities, and aspirations.



Strategic Pillars



1 **Indigenous Health**
Prioritize Indigenous voices, values, and community perspectives.

3 **Safety and Inclusivity**
Embrace and respect everyone through safe and inclusive services. This is absolute.

5 **Workforce**
Build and support a strong, healthy, and diverse workforce.

2 **System Integration**
Build and sustain an integrated system for seamless care.

4 **Primary Care**
Ensure timely and equitable access to primary care services.

6 **Trust and Accountability**
Foster a culture of trust, transparency, and accountability.

Example Achievements



- Dementia Care
 - Expanded capacity of memory clinics
 - Mobile cognitive assessments for dementia diagnosis
 - Let's Go Home
- Digital Enablers
 - SCOPE
 - Remote Care Monitoring
- Primary Care
 - Expanded access and attachment across the OHT catchment

Upcoming

- Health Human Resources Working Group
 - Data Strategy
 - Training, Education, and Resource Optimization
 - Family Physicians and Independent Nurse Practitioners
 - Pay Parity
 - Social Supports to Maximize Workforce Participation (e.g. child care)
 - Internationally-trained clinicians



Upcoming

- Stroke Working Group
 - Multi-disciplinary Stroke Clinic
 - Caregiver Supports
- Mental Health and Addictions
 - Setting Priorities
- Niagara Practitioners' Healthcare Alliance (NPHA)
 - Access to Specialists





Needed Supports

Data Analysis

Project / Change Management



Join Our Journey

Get Involved

Participate in community health initiatives and provide valuable feedback.

Stay Informed

Visit our [website](#), and subscribe to our newsletter for updates on NOHT-ÉSON's progress and achievements.

Spread the Word

Share our vision for connected, exceptional care with your network.

Partner with Us

Explore collaboration opportunities to enhance Niagara's healthcare landscape.