Housing First Assertive Community Treatment Team

Addressing Homelessness through Housing First ACT

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Niagara Region Mental Health Program

- Range of services for adults and youth experiencing serious, emerging, or persistent mental illness

  o 2 Assertive Community Treatment (ACT) Teams

  o 1 Flexible Community Treatment (FACT) Team

  o Early Psychosis Intervention

  o Early Intervention for Youth

  o Psychogeriatric Case Management

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Housing First ACT (HFACT)

- Support individuals experiencing homelessness, addiction, and mental health challenges

- Provide immediate access to housing without preconditions, followed by comprehensive support services

- Provide intensive services to 80 individuals with the highest needs

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Key Principles of HFACT

- Immediate access to permanent housing with no housing readiness requirements

- Consumer choice and self-determination

- Recovery orientation

- Individualized and client-driven supports

- Social and community integration

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What Does "Assertive" Mean in HFACT?

- The team must persistently, repeatedly and assertively attempt to engage with a new client for a minimum period of six months before terminating their referral

- At least three months of unsuccessful engagement or service refusal before discharging an active client from service

Housing First ACT vs Traditional ACT

Symptoms

Confirmed diagnosis of psychotic disorder

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Housing First ACT vs Traditional ACT (continued)

Housing Retention Workers and housing units

Connect to housing system

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Staffing Complement HFACT Team

Services Provided

HOUSING SUPPORT

HEALTH SERVICES

INTENSIVE CASE MANAGEMENT

EMPLOYMENT AND EDUCATION

COMMUNITY INTEGRATION

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Outcome Measurement-HFACT

HOSPITALIZATIONS

ONTARIO COMMON ASSESSMENT OF NEED TO IDENTIFY UNMET NEEDS
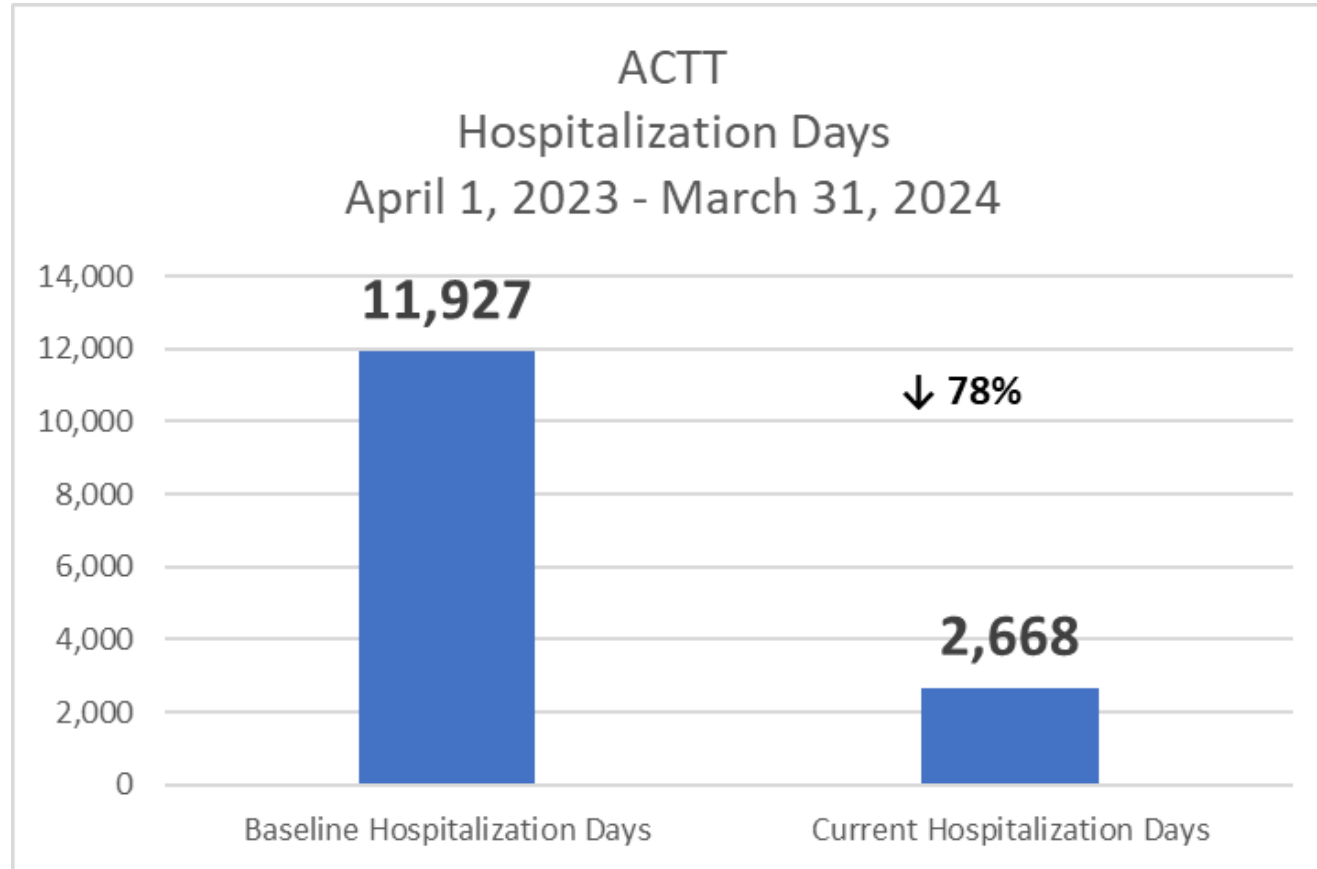
INITIATION OF LONG-ACTING INJECTIONS
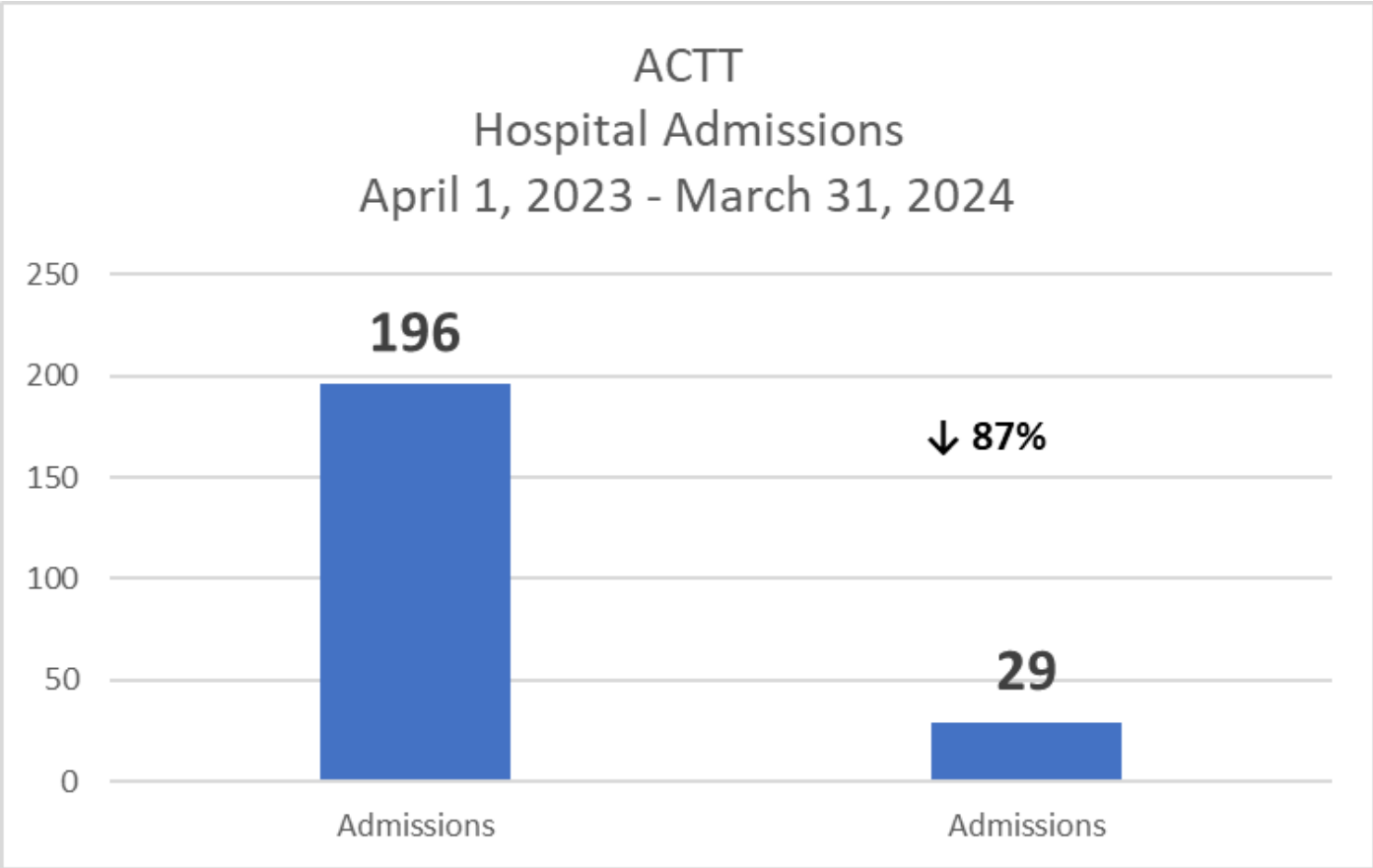
PROVISION OF COGNITIVE BEHAVIOUR THERAPY FOR PSYCHOSIS

FIDELITY ASSESSMENT – ACT STANDARDS

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Hospitalizations: ACT

ACTT
Hospitalization Days
April 1, 2023 - March 31, 2024

11,927

↓ 78%

2,668

Baseline Hospitalization Days — Current Hospitalization Days

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Hospitalizations: ACT-Admissions

ACTT
Hospital Admissions
April 1, 2023 - March 31, 2024

196

↓ **87%**

29

Admissions   Admissions

Next Steps

- Recruitment and onboarding of the new team

- Continued collaboration with the HART Hub collaborating organizations to develop implementation plans for the full operation of the Hub

- Onboarding of new clients to begin by April 1, 2025

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Questions?

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